

Women 60 Meter Dash

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NCAA Auot: A 7.45
NCAA Prov: P 7.75
      LTB: L 7.58 2/14/2009 Dierra Riley, Grand Valley State
      GVSU: G 7.50 2002 Icic Charles
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Name	Year	School	Prelims	H#
<b>Preliminaries</b>				
1		Sassine, Nicole	Windsor ON	P 7.75q 1
2		Whitegibson, Billie	Windsor ON	7.76q 1
3		Strouse, Allison	Aquinas	7.82q 1
3		Harrison, Danielle	Windsor ON	7.82q 4
5		Torian, Abigail	Indiana Tech	7.94q 1
6		King, Adella	Indiana Tech	7.96q 1
7		Dixon, Zalika	Indiana Tech	8.02q 2
8		Beutler, Kati	Bethel (Ind.	8.02q 2
9		Mayne, Kelsi	Windsor ON	8.03q 2
10		Drouillard, Ashley	Windsor ON	8.09q 3
11		DeStefano, Samantha	Aquinas	8.09q 6
12		Watt, Emaryne	Indiana Tech	8.13q 1
13		Bland, Letia	Tiffin	8.19q 3
14		Sutton, Delra	Robert Morri	8.21q 1
15		Etter, Samantha	Bethel (Ind.	8.24q 2
16		Lyons, Jaide	Windsor ON	8.26q 2
17		King, O'Malley	Olivet Nazar	8.33q 6
18		Fozkos, Ashley	Olivet Nazar	8.36q 4
19		Ballard, Imia	Robert Morri	8.37 2
19		Carter, India	Indiana Tech	8.37 3
21		Capre, Beenne	Bethel (Ind.	8.39 6
22		Young, Heidi	Aquinas	8.40 5
23		Koenig, Madison	Aquinas	8.41 3
24		Werner, Brittany	Aquinas	8.47 3
25		Brooks, Angie	Saginaw Vall	8.47 3
26		Schrock, Kayla	Bethel (Ind.	8.48 6
26		Bond, Samantha	St. Francis	8.48 4
28		Roodvoets, Jess	Davenport	8.49 6
29		Pope, India	Unattached	8.52 1
30		Hausner, Amy	Bethel (Ind.	8.54 4
31		Scherer, Emily	Alma	8.61 4
32		Siegrist, Jessica	Spring Arbor	8.63 4
33		Holland, Markita	Tiffin	8.70 3
34		Lindberg, Kaylie	Spring Arbor	8.77 5
35		Compton, Rebecca	Olivet Nazar	8.80 5
36		Morgan, Ashley	Olivet Nazar	8.87 5
37		Saewert, Paula	Olivet Nazar	8.96 5
38		Gonzales, Jessica	Alma	9.01 5
39		Eisinger, Ashlee	Saginaw Vall	9.02 4
40		Burns, Jessica	Robert Morri	9.05 2
41		Natali, Cassie	Bethel (Ind.	9.09 5
42		Newberg, Emily	St. Francis	9.46 6
43		Plisko, Alexandra	Alma	9.54 6
44		Miller, Michelle	St. Francis	10.02 6

Women 60 Meter Dash

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=====
NCAA Auot: A 7.45
NCAA Prov: P 7.75
      LTB: L 7.58 2/14/2009 Dierra Riley, Grand Valley State
      GVSU: G 7.50 2002 Icic Charles
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Name	Year	School	Finals	H#
<b>Finals</b>				
1		Sassine, Nicole	Windsor ON	7.73P 1
2		Whitegibson, Billie	Windsor ON	7.74P 1
3		Harrison, Danielle	Windsor ON	7.81 1
4		Strouse, Allison	Aquinas	7.82 1
5		DeStefano, Samantha	Aquinas	7.98 2
6		King, Adella	Indiana Tech	8.01 1
7		Mayne, Kelsi	Windsor ON	8.02 1
8		Watt, Emaryne	Indiana Tech	8.03 2
9		Torian, Abigail	Indiana Tech	8.04 1
10		Beutler, Kati	Bethel (Ind.	8.09 1

11	Drouillard, Ashley	Windsor ON	8.17	2
12	Lyons, Jaide	Windsor ON	8.18	2
13	Etter, Samantha	Bethel (Ind.	8.22	2
14	Fozkos, Ashley	Olivet Nazar	8.25	2
15	Bland, Letia	Tiffin	8.26	2
16	Sutton, Delra	Robert Morri	8.32	2
17	King, O'Malley	Olivet Nazar	8.42	2

Women 200 Meter Dash

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NCAA Auot: A 24.25				
NCAA Prov: P 25.10				
LTB: L 24.29 2/13/2009 Valeria Brown, Western Kentucky				
GVSU: G 24.74 2001 Icis Charles				
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Name	Year	School	Finals	H#
=====				
1	Montcalm, Noelle	Windsor ON	24.26L	1
2	Sassine, Nicole	Windsor ON	25.33	1
3	Harrison, Danielle	Windsor ON	25.47	1
4	Blackman, Iman	Windsor ON	25.75	2
5	King, Adella	Indiana Tech	25.82	2
6	Vallar, Kayla	Grand Valley	25.96	1
7	Dixon, Zalika	Indiana Tech	26.11	3
8	DeStefano, Samantha	Aquinas	26.23	6
9	Watt, Emaryne	Indiana Tech	26.48	2
10	Anobile, Charelle	Windsor ON	26.55	3
11	Stevens, Kaila	Bethel (Ind.	26.62	6
12	Williams, Noriah	Unattached	26.66	2
13	Torian, Abigail	Indiana Tech	26.72	4
14	Whitegibson, Billie	Windsor ON	26.74	1
15	Holt, Areil	Davenport	26.80	5
16	Beutler, Kati	Bethel (Ind.	26.82	4
17	Wallace, Camille	Windsor ON	26.85	4
18	Lyons, Jaide	Windsor ON	26.86	3
19	Whittingham, Natoya	Windsor ON	26.89	3
20	Drouillard, Ashley	Windsor ON	26.97	7
21	Etter, Samantha	Bethel (Ind.	27.01	6
22	Oumesrour, Donia	Windsor ON	27.04	5
23	Koenig, Madison	Aquinas	27.10	9
24	Carter, India	Indiana Tech	27.16	4
25	Lang, Ashley	Saginaw Vall	27.19	5
25	Mustard, Aunnalea	Bethel (Ind.	27.19	7
27	Holwerda, Olivia	Grand Valley	27.24	4
28	O'Leary, Theresa	Unattached	27.25	6
29	Ballard, Imia	Robert Morri	27.33	6
30	Brooks, Angie	Saginaw Vall	27.35	5
31	Kaufman, Jade	Ferris State	27.40	9
32	Capre, Beenne	Bethel (Ind.	27.57	3
33	Roodvoets, Jess	Davenport	27.60	7
33	Sutton, Delra	Robert Morri	27.60	6
35	Breen, Emma	Unat-Grand V	27.72	2
36	Horn, Jess	St. Francis	27.80	9
36	Werner, Brittany	Aquinas	27.80	8
38	Senters, Paige	Aquinas	27.89	10
39	House, Sarah	Aquinas	27.90	10
40	Bond, Samantha	St. Francis	28.01	11
41	Young, Heidi	Aquinas	28.10	9
42	Smith, Emmaly	Aquinas	28.13	10
43	Pope, India	Unattached	28.15	7
44	Kawiecki, Sarah	Saginaw Vall	28.25	7
45	Morgan, Ashley	Olivet Nazar	28.44	10
46	Schrock, Kayla	Bethel (Ind.	28.51	11
47	Pridgen, Lauren	Bethel (Ind.	28.64	7
48	Morris, Valerie	Robert Morri	28.65	8
49	Plummer, Kim	Spring Arbor	28.72	11
50	Horn, Jen	St. Francis	28.79	8
51	Patchel, Kristen	Grand Valley	28.81	10
52	Zych, Madison	Aquinas	28.90	9
53	Van Ens, Amy	Davenport	29.01	8
54	Smith, Lauren	Aquinas	29.28	13
55	Black, Victoria	Bethel (Ind.	29.49	11
56	Sager, Vanessa	St. Francis	29.53	14
57	Eisinger, Ashlee	Saginaw Vall	29.85	12
58	Saewert, Paula	Olivet Nazar	29.95	13
59	Hilaski, Jena	Davenport	30.00	12
60	Lindberg, Kaylie	Spring Arbor	30.03	13
61	Marnati, Ayumi	St. Francis	30.13	13
62	McCarthy, Stephanie	Grand Valley	30.38	8
63	Versweyveld, Jillian	Olivet Nazar	30.68	13
64	Burns, Jessica	Robert Morri	30.70	11
65	Mosier, Janelle	St. Francis	30.90	14

66	Laukus, Emily	Alma	31.00	13
67	Topp, Jamie	St. Francis	31.38	14
68	Losito, Nicole	St. Francis	31.87	14
69	Plisko, Alexandra	Alma	32.13	14

Women 400 Meter Dash

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NCAA Auot: A 55.60
NCAA Prov: P 57.50
LTB: L 54.91 2/20/2009 Becky Horn, Unattached
GVSU: G 55.55 2002 Christy Tedrow
Name Year School Finals H#
=====
1 Boerner, Rachel Calvin 57.86 1
2 Wheat, Candice Grand Valley 57.90 1
3 Fonseca, Danielle Grand Valley 59.95 1
4 Kawiecki, Sarah Saginaw Vall 1:00.69 2
5 Brooks, Angie Saginaw Vall 1:01.38 2
6 Hess, Leah Unat-Grand V 1:01.69 2
7 Kaufman, Jade Ferris State 1:02.12 3
8 Eggleston, Erin Grand Valley 1:02.27 3
9 Carter, India Indiana Tech 1:02.28 2
10 Fischer, Krysten Unattached 1:02.76 1
11 O'Leary, Theresa Unattached 1:02.85 2
12 Rupert, Brittaney Tiffin 1:03.80 4
13 Horne, Brooke Grand Valley 1:04.35 3
14 McCarthy, Stephanie Grand Valley 1:04.36 4
15 Moore, Hilary Olivet Nazar 1:04.61 5
16 Stevens, Kaila Bethel (Ind. 1:04.67 2
17 Pridgen, Lauren Bethel (Ind. 1:04.82 4
18 Ballard, Imia Robert Morri 1:04.96 4
19 Froelich, Aprille St. Francis 1:05.03 5
20 Christianson, Gabrielle Tiffin 1:05.08 3
21 Scherer, Emily Alma 1:05.58 6
22 Morgan, Ashley Olivet Nazar 1:05.98 4
23 Black, Victoria Bethel (Ind. 1:06.16 4
24 Hilaski, Jena Davenport 1:06.29 5
25 Versweyveld, Jillian Olivet Nazar 1:07.35 5
26 Patchel, Kristen Grand Valley 1:08.85 5
27 LaPine, Megan Alma 1:09.59 6
28 Marnati, Ayumi St. Francis 1:09.65 5
29 Machiele, Rachael Calvin 1:11.63 6
30 Mosier, Janelle St. Francis 1:11.68 6
31 Losito, Nicole St. Francis 1:11.82 6
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Women 600 Meter Run

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NCAA Prov: P 1:34.27
LTB: L 1:33.18 1/15/2001 Asia Rawls, Eastern Mich
GVSU: G 1:35.58 2009 Katherine McCarthy
Name Year School Finals
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1 Bishop, Melissa Windsor ON 1:31.49L
2 Hunter, Raeleen Windsor ON 1:33.30P
3 Halle, Emilie Unattached 1:33.37P
4 Slegers, Andrina Windsor ON 1:34.88G
5 Kurpe, Heather Windsor ON 1:35.45G
6 Kanters, Amanda Windsor ON 1:35.72
7 Bonney, Caitlyn Aquinas 1:41.69
8 Dvojacki, Dominique Bethel (Ind. 1:42.45
9 Warp, Kelsey Olivet Nazar 1:42.74
10 Bonney, Chelsey Aquinas 1:43.05
11 DeBruin, Kaitlin Spring Arbor 1:44.19
12 Hess, Liz Spring Arbor 1:45.84
13 Allen, Libby Spring Arbor 1:47.12
14 Katt, Jackie Aquinas 1:51.08
15 Seewald, Sarah Spring Arbor 1:51.16
16 Aloisio, Gina St. Francis 1:51.92
17 Williams, Shana Robert Morri 1:52.23
18 Froelich, Aprille St. Francis 1:53.16
19 Kent, Candice Spring Arbor 1:54.29
20 Loos, Kaitlin Olivet Nazar 1:55.62
21 Siegfried, Kirsten Tiffin 1:55.72
22 Palmer, Abby Olivet Nazar 2:01.01
23 Bean, Tammera Spring Arbor 2:07.59
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Women 800 Meter Run

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NCAA Auot: A 2:11.60
NCAA Prov: P 2:16.10
LTB: L 2:09.90 2/13/2009 Beverly Elcock, Eastern Michigan
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Name	Year	School	Finals
1 Kinney, Monica		Grand Valley	2:13.99P
2 Bergstrom, Lauren		Grand Valley	2:14.73P
3 Caldwell, Chanelle		Grand Valley	2:14.93P
4 McDonald, Karie		Grand Valley	2:16.04P
5 Botham, Ashley		Grand Valley	2:17.35
6 Gill, Carly		Windsor ON	2:17.68
7 Carlson, Kaleigh		Grand Valley	2:18.04
8 Laing, Kelly		Windsor ON	2:18.09
9 Miller, Rebecca		Tiffin	2:18.51
10 Ostrenga, Stephanie		Grand Valley	2:18.67
11 Osika, Alyssa		Ferris State	2:18.80
12 Alfredson, Katie		Grand Valley	2:19.39
13 Burgess, Lori		Grand Valley	2:20.27
14 Kellam, Ashley		Windsor ON	2:20.52
15 Janutol, Shelby		Ferris State	2:20.68
16 Wilson, Veronica		Unattached	2:21.37
17 Tepper, Danielle		Unat-Grand V	2:21.79
18 Graham-Coats, Preosha		Indiana Tech	2:22.29
19 Meyer, Ashley		Saginaw Vall	2:23.02
20 Shaw, Maria		Tiffin	2:23.18
21 Kangai, Irene		Bethel (Ind.	2:23.33
22 Wright, Alycia		Saginaw Vall	2:23.41
23 McAllister, Brittany		St. Francis	2:23.76
24 Chandler, Adrienne		Grand Valley	2:23.87
25 Thrasher, Alyssa		Windsor ON	2:25.24
26 Cadwallader, Haley		Windsor ON	2:25.34
27 Fletcher, Kristen		Calvin	2:27.33
28 Pietryga, Alanah		Saginaw Vall	2:27.89
29 Regenfuss, Bekah		Olivet Nazar	2:29.80
30 Miller, Shelbi		Olivet Nazar	2:30.59
31 Cruz, Shannon		Unattached	2:31.60
32 Aikin, Tiffany		Indiana Tech	2:32.18
33 Brase, Kaylea		Calvin	2:33.29
34 Webb, Alyssa		Indiana Tech	2:33.38
35 Endrizzi, Hannah		Olivet Nazar	2:33.42
36 Creed, Sarah		Ferris State	2:33.83
37 Mallonee, Torin		St. Francis	2:34.10
38 Brant, Tichelle		Tiffin	2:34.65
39 Field, Amanda		Unattached	2:34.68
40 Ellingboe, Kortney		Olivet Nazar	2:34.89
41 McGuire, Jordan		Ferris State	2:35.75
42 Anderson, Krista		Calvin	2:35.82
43 Kohler, Cassandra		Tiffin	2:36.44
44 Lewis, Tiara		Unattached	2:36.63
45 Scott, Jessica		Bethel (Ind.	2:40.75
46 Nichols, Katie		Davenport	2:43.08
47 Madison, Ashley		Tiffin	2:45.57
48 Kielbasa, Sarah		St. Francis	2:54.90
49 Walker, Lauren		Tiffin	3:00.56
50 Bolda, Jaimie		Alma	3:16.55
51 Delong, Heather		St. Francis	3:35.88

Women 1 Mile Run

NCAA Auot: A	4:54.00		
NCAA Prov: P	5:04.00		
LTB: L	4:40.91	2/13/2009	Lisa Senakiewich, Michigan State
GVSU: G	4:45.40	2006	Mandi Zemba

Name	Year	School	Finals
1 Muir, Christina		Ferris State	5:00.32P
2 Osika, Alyssa		Ferris State	5:07.29
3 Janutol, Shelby		Ferris State	5:12.31
4 Meyer, Ashley		Saginaw Vall	5:19.45
5 Rudd, Anna		Ferris State	5:19.78
6 Regenfuss, Bekah		Olivet Nazar	5:24.54
7 Rinkus, Samantha		Aquinas	5:26.38
8 Byrne, Megan		Aquinas	5:27.45
9 Madden, Courtney		St. Francis	5:30.58
10 Endrizzi, Hannah		Olivet Nazar	5:31.08
11 Webb, Kelsey		Aquinas	5:35.31
12 Creed, Sarah		Ferris State	5:37.18
13 McGuire, Jordan		Ferris State	5:39.04
14 Ellingboe, Kortney		Olivet Nazar	5:39.25
15 Josey, Megan		Ferris State	5:39.36
16 Roache, Amanda		Saginaw Vall	5:40.58
17 Borel-Donohue, Julia		St. Francis	5:45.12
18 Webb, Alyssa		Indiana Tech	5:45.49

19	Peacock, Felicia	Ferris State	5:48.00
20	McCririe, Morgan	Olivet Nazar	5:56.13
21	Scott, Jessica	Bethel (Ind.	5:57.85
22	Brewer, Jane	Alma	6:00.60
23	Drummond, Natayla	Alma	6:01.35
24	Albert, Leslie	Aquinas	6:04.00
25	Corbett, Taylor	Alma	6:07.84
26	Rossmann, Emily	Davenport	6:10.18
27	Campfield, Jennifer	Alma	6:12.23
28	Karcher, Trisha	Bethel (Ind.	6:34.46
29	Walker, Lauren	Tiffin	6:34.80
30	Keenan, Kayla	Alma	6:36.85
31	Pearson, Jennifer	Alma	6:37.57
32	Pedziwiatr, Kari	St. Francis	6:47.71
33	Herberger, Sarah	Alma	7:21.39
--	Plank, Carly	Aquinas	DNF
--	Blakemore, Leah	Indiana Tech	DNF

Women 3000 Meter Run

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LTB: L 9:09.68 2/14/2009 Desiree Davilla, Hansons  
 GVSU: G 9:32.76 2006 Mandi Zemba

Name	Year	School	Finals
1	Muir, Christina	Ferris State	9:58.00
2	Maceratini, Megan	Grand Valley	10:02.40
3	Pidhoresky, Dayna	Windsor ON	10:03.62
4	Nowak, Julia	Grand Valley	10:06.03
5	Vanderbaan, Shaylee	Grand Valley	10:07.56
6	Kolin, Amy	Grand Valley	10:08.06
7	Plank, Carly	Aquinas	10:08.07
8	Wolter, Theresa	Grand Valley	10:13.65
9	Ardingo, Lynsey	Grand Valley	10:19.20
10	Parks, Sara	Grand Valley	10:21.83
11	Borns, Leah	Grand Valley	10:23.41
12	Rudd, Anna	Ferris State	10:26.69
13	Vickers, Jessie	Grand Valley	10:29.25
14	Carter, Megan	Grand Valley	10:30.81
15	Gill, Laura	Windsor ON	10:31.59
16	Campbell, Rebecca	Spring Arbor	10:33.23
17	Woki, Joyce	Spring Arbor	10:33.53
18	Reese, Carly	Tiffin	10:38.21
19	Slavens, Molly	Unat-Grand V	10:42.07
20	Corrick, Jenn	Windsor ON	10:42.62
21	Gryniewicz, Sarah	Grand Valley	10:54.80
22	Thorne, Katie	Olivet Nazar	10:58.55
23	Hollerbach, Jean	Saginaw Vall	11:05.90
24	Fitch, Lauren	Grand Valley	11:06.86
25	Jersey, Veronica	Indiana Tech	11:12.57
26	Josey, Megan	Ferris State	11:14.54
27	Penning, Alyssa	Calvin	11:15.20
28	Cooper, Brooke	Unat-Spring	11:19.66
29	Pittoors, Megan	Saginaw Vall	11:19.75
30	Davis, Mika	Indiana Tech	11:21.49
31	Peacock, Felicia	Ferris State	11:22.98
32	Goodwin, Krystal	Windsor ON	11:22.99
33	Roache, Amanda	Saginaw Vall	11:23.17
34	Lewis, Danielle	Bethel (Ind.	11:26.84
35	Castel, Sarah	Olivet Nazar	11:28.75
36	Kiesel, Heidi	Tiffin	11:29.04
37	Stephens, Madelyn	Olivet Nazar	11:33.25
38	Harris, Shelby	Alma	11:36.00
39	Luehm, Rachel	Aquinas	11:37.41
40	McCurdy, Taylor	Unattached	11:37.45
41	Essad, Klare	Unattached	11:48.58
42	Chapman, Courtney	Bethel (Ind.	11:55.33
43	Cholyway, Renee	St. Francis	11:57.08
44	Taylor, Lisa	Spring Arbor	12:02.31
45	Smith, Molly	Spring Arbor	12:14.33
46	Kerby, Narissa	Spring Arbor	12:25.31
47	McNergney, Carrie	Unat-Spring	12:29.79
47	Stevenson, Kaitlin	Spring Arbor	12:29.79
49	Trojan, Bethany	Spring Arbor	12:36.83
50	Brown, Charity	Bethel (Ind.	12:40.82
51	Topp, Sarah	St. Francis	12:51.63
52	Casey, Erin	Tiffin	12:52.27
--	Morand, Meaghan	Windsor ON	DNF

Women 5000 Meter Run

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NCAA Auot: A 16:55.50

NCAA Prov: P 17:47.50  
 LTB: L 16:29.06 12/11/2008 Alissa McKaig, Indiana Tech  
 GVSU: G 16:16.53 2007 Mandi Zemba

Name	Year	School	Finals
1 Versweyeld, Lauren		Olivet Nazar	18:03.59
2 Popma, Emily		Aquinas	18:31.39
3 Westveer, Samantha		Calvin	18:32.73
4 Hutton, Brittni		Oakland CC	18:37.32
5 Miller, Trisha		Bethel (Ind.)	18:43.21
6 Dugan, Sarah		Calvin	18:54.46
7 Scott, Katie		Saginaw Vall	19:21.35
7 Robinson, Libby		Saginaw Vall	19:21.35
9 Meernik, Kaitlyn		Aquinas	19:42.07
10 Fennema, Sarah		Calvin	19:46.90
11 Brackins, Megan		Oakland CC	19:47.82
12 Wray, Amber		Bethel (Ind.)	19:59.96
13 Clark, Samantha		Olivet Nazar	20:00.12
14 Wray, Ashley		Bethel (Ind.)	20:44.87
15 Streicher, Lauren		Olivet Nazar	21:19.60
-- Dhaseleer, Alina		Aquinas	DNF

Women 60 Meter Hurdles

NCAA Auot: A 8.60  
 NCAA Prov: P 9.00  
 LTB: L 8.43 2/14/2009 Candice Wheat, Grand Valley State  
 GVSU: G 8.29 2009 Candice Wheat

Name	Year	School	Prelims	H#
Preliminaries				
1 Montcalm, Noelle		Windsor ON	P 8.78q	3
2 Anobile, Charelle		Windsor ON	9.01q	3
3 Strouse, Allison		Aquinas	9.05q	2
4 Hull, Jade		Grand Valley	9.10q	3
5 Mayne, Kelsi		Windsor ON	9.16q	2
6 Aikin, Tiffany		Indiana Tech	9.25q	4
7 Mueller, Shannon		Windsor ON	9.45q	4
8 Cross, Emily		Ferris State	9.47q	2
9 King, O'Malley		Olivet Nazar	9.50q	4
10 Mustard, Aunnalea		Bethel (Ind.)	9.51q	3
10 Hunt, Takeisha		Indiana Tech	9.51q	2
12 Morrison, Kelly		Windsor ON	9.70q	3
13 Pittman, Katelyn		Grand Valley	9.84q	4
14 Ellks, Kayla		Tiffin	9.86q	1
15 Horn, Jen		St. Francis	9.89q	2
16 Horn, Jess		St. Francis	9.90q	4
17 Patchel, Kristen		Grand Valley	9.98q	2
18 Roodvoets, Jess		Davenport	10.11q	1
19 Boerner, Rachel		Calvin	10.12	3
20 Mott, Sarah		Bethel (Ind.)	10.33	2
21 Laukus, Emily		Alma	10.35	2
21 Loos, Kaitlin		Olivet Nazar	10.35	1
23 McCarthy, Stephanie		Grand Valley	10.38	2
24 Kelly, Alanna		Windsor ON	10.41	1
25 Meek, Brittaney		Tiffin	10.47	4
26 Moore, Hilary		Olivet Nazar	10.56	1
27 LaPine, Megan		Alma	10.98	3
28 Siegfried, Kirsten		Tiffin	11.14	1
29 Mosier, Janelle		St. Francis	11.17	4
30 Topp, Jamie		St. Francis	11.50	3
31 Burns, Jessica		Robert Morri	12.78	1
-- Bagnall, Hannah		Windsor ON	DQ	4

Women 60 Meter Hurdles

NCAA Auot: A 8.60  
 NCAA Prov: P 9.00  
 LTB: L 8.43 2/14/2009 Candice Wheat, Grand Valley State  
 GVSU: G 8.29 2009 Candice Wheat

Name	Year	School	Finals	H#
Finals				
1 Montcalm, Noelle		Windsor ON	8.75P	1
2 Hull, Jade		Grand Valley	9.02	1
3 Anobile, Charelle		Windsor ON	9.05	1
4 Strouse, Allison		Aquinas	9.07	1
5 Mayne, Kelsi		Windsor ON	9.21	1
6 Aikin, Tiffany		Indiana Tech	9.24	1
7 Hunt, Takeisha		Indiana Tech	9.29	2
8 Cross, Emily		Ferris State	9.36	1

9 Mustard, Aunnalea	Bethel (Ind.)	9.46	2
10 Pittman, Katelyn	Grand Valley	9.64	2
11 Mueller, Shannon	Windsor ON	9.67	1
12 Morrison, Kelly	Windsor ON	9.70	2
13 King, O'Malley	Olivet Nazar	9.72	1
14 Horn, Jess	St. Francis	9.83	2
15 Roodvoets, Jess	Davenport	9.86	2
16 Horn, Jen	St. Francis	9.97	2
17 Patchel, Kristen	Grand Valley	10.16	2
18 Ellks, Kayla	Tiffin	10.73	2

Women 4x400 Meter Relay

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NCAA Auot: A 3:45.40
NCAA Prov: P 3:55.40
    LTB: L 3:47.08    2/14/2009    , Grand Valley State
                    Lape, Clay, Nozime, Vallar
    GVSU: G 3:47.08    2009
                    Nozime, Vallar, McCarthy, Wheat
School                                     Finals    H#
=====
1 Windsor ON 'A'                          3:51.81P  1
  1) Slegers, Andrina                      2) Hunter, Raeleen
  3) Kurpe, Heather                       4) Bishop, Melissa
2 Indiana Tech 'A'                        3:55.75   1
  1) Dixon, Zalika                        2) Graham-Coats, Preosha
  3) King, Adella                        4) Aikin, Tiffany
3 Unattached 'A'                          3:56.07   2
4 Bethel (Ind.) 'A'                       4:01.28   1
  1) Kangai, Irene                      2) Capre, Beenne
  3) Etter, Samantha                    4) Stevens, Kaila
5 Grand Valley St. 'A'                    4:01.29   1
  1) Eggleston, Erin                    2) Caldwell, Chanelle
  3) Ostrenga, Stephanie                 4) Chandler, Adrienne
6 Saginaw Valley 'A'                     4:11.44   2
  1) Kawiecki, Sarah                    2) Wright, Alycia
  3) Brooks, Angie                      4) Pietryga, Alanah
7 St. Francis (Ill.) 'A'                  4:13.44   2
  1) Horn, Jess                          2) Froelich, Aprille
  3) McAllister, Brittany              4) Madden, Courtney
8 Aquinas 'A'                             4:14.42   1
  1) Senters, Paige                     2) House, Sarah
  3) Smith, Emmaly                     4) Bonney, Caitlyn
9 Tiffin 'A'                              4:14.89   3
  1) Shaw, Maria                        2) Brant, Tichelle
  3) Kohler, Cassandra                 4) Miller, Rebecca
10 Robert Morris (Ill.) 'A'               4:18.01   3
  1) Williams, Shana                    2) Sutton, Delra
  3) Morris, Valerie                   4) Ballard, Imia
11 Bethel (Ind.) 'B'                     4:19.90   4
  1) Dvojacki, Dominique                 2) Mott, Sarah
  3) Scott, Jessica                    4) Pridgen, Lauren
12 Spring Arbor 'A'                      4:20.45   3
  1) DeBruin, Kaitlin                   2) Hess, Liz
  3) Allen, Libby                       4) Plummer, Kim
13 Saginaw Valley 'B'                    4:20.88   3
  1) Lang, Ashley                       2) Henderson, Chelsea
  3) Meyer, Ashley                      4) Norton, Tiffany
14 Ferris State 'A'                      4:24.68   2
  1) Kaufman, Jade                      2) Osika, Alyssa
  3) McGuire, Jordan                   4) Janutol, Shelby
15 Olivet Nazarene 'A'                   4:28.36   1
  1) Warp, Kelsey                       2) Moore, Hilary
  3) Palmer, Abby                       4) Miller, Shelbi
16 St. Francis (Ill.) 'B'                 4:29.50   4
  1) Bond, Samantha                     2) Borel-Donohue, Julia
  3) Mallonee, Torin                   4) Horn, Jen
17 Olivet Nazarene 'B'                   4:31.70   4
  1) Endrizzi, Hannah                   2) McCririe, Morgan
  3) Regenfuss, Bekah                 4) Ellingboe, Kortney
18 St. Francis (Ill.) 'C'                 4:52.90   4
  1) Aloisio, Gina                      2) Mosier, Janelle
  3) Topp, Sarah                       4) Topp, Jamie
19 St. Francis (Ill.) 'D'                 5:08.34   3
  1) Losito, Nicole                     2) Marnati, Ayumi
  3) Borel-Donohue, Julia              4) Pedziwiatr, Kari
-- Grand Valley St. 'C'                   DNF       2
  1) Carlson, Kaleigh                   2) Kinney, Monica
  3) Bergstrom, Lauren                  4) McDonald, Karie

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Women High Jump

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NCAA Auot: A 1.74m  
 NCAA Prov: P 1.67m  
 LTB: L 1.72m 1/15/2010 Maegan Doyen, Grand Valley  
 GVSU: G 1.75m 1993 Kelly O'Brien

Name	Year	School	Finals	
1 Doyen, Maegan		Grand Valley	1.67mP	5-05.75
2 Cross, Emily		Ferris State	1.62m	5-03.75
3 Morrison, Kelly		Windsor ON	1.57m	5-01.75
3 Gill, Megan		Tiffin	1.57m	5-01.75
5 Fuller, Jennifer		Grand Valley	J1.57m	5-01.75
5 Norton, Tiffany		Saginaw Vall	J1.57m	5-01.75
5 Van Ens, Amy		Davenport	J1.57m	5-01.75
8 Anderson, Jackie		Windsor ON	J1.57m	5-01.75
9 Sorensen, Cami		Unat-Grand V	1.52m	4-11.75
10 Auger, Corie		Unat-Grand V	J1.52m	4-11.75
11 Mestdagh, Erika		Spring Arbor	1.47m	4-09.75
11 Rozeveld, Tanis		Alma	1.47m	4-09.75
11 McCarthy, Stephanie		Grand Valley	1.47m	4-09.75
11 Eddy, Erica		Unattached	1.47m	4-09.75
11 Mott, Sarah		Bethel (Ind.	1.47m	4-09.75
11 Loos, Kaitlin		Olivet Nazar	1.47m	4-09.75
11 Patchel, Kristen		Grand Valley	1.47m	4-09.75
-- Bolda, Jaimie		Alma	NH	
-- Ellks, Kayla		Tiffin	NH	
-- Driscoll, Kayleen		Saginaw Vall	NH	
-- Meek, Brittaney		Tiffin	NH	

Women Pole Vault

=====

NCAA Auot: A 3.85m  
 NCAA Prov: P 3.50m  
 LTB: L 4.20m 2/6/2009 Dianna Noonan, Grand Valley State  
 GVSU: G 4.20m 2009 Dianna Noonan

Name	Year	School	Finals	
1 Saxer, Mary		Unattached	4.25mL	13-11.25
2 Maaten, Dayna		Unattached	3.75mP	12-03.50
3 McKerchie, Emily		Grand Valley	3.60mP	11-09.75
3 Leach, Joy		Calvin	3.60mP	11-09.75
5 Kettelhut, Christi		Grand Valley	3.45m	11-03.75
5 Wilford, Elizabeth		Saginaw Vall	3.45m	11-03.75
5 Fozkos, Ashley		Olivet Nazar	3.45m	11-03.75
8 Reynolds, Amy		Grand Valley	3.30m	10-10.00
8 Reiser, Erika		Windsor ON	3.30m	10-10.00
8 Tomayer, Jenn		Windsor ON	3.30m	10-10.00
8 O'Keefe, Ann		Bethel (Ind.	3.30m	10-10.00
12 Petridis, Dina		Indiana Tech	3.15m	10-04.00
12 Westphal, Stacey		Saginaw Vall	3.15m	10-04.00
12 Mustard, Aunnalea		Bethel (Ind.	3.15m	10-04.00
12 Lindemulder, Carla		Calvin	3.15m	10-04.00
16 LeGault-Stranally, Amelia		Saginaw Vall	3.00m	9-10.00
16 Witham, Abby		Alma	3.00m	9-10.00
16 Schewe, Jessica		Ferris State	3.00m	9-10.00
19 Lariviere, Rachel		Windsor ON	2.85m	9-04.25
20 LaPine, Megan		Alma	2.55m	8-04.25
20 Mitchell, Ann		Bethel (Ind.	2.55m	8-04.25
22 King, Kristen		Tiffin	2.40m	7-10.50
-- Paterson, Chelsea		Windsor ON	NH	
-- Savic, Marina		Windsor ON	NH	
-- Torres, Alexandria		Alma	NH	
-- Kuksa, Jocelyn		Grand Valley	NH	
-- Hopkins, Karen		Alma	NH	

Women Long Jump

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NCAA Auot: A 5.90m  
 NCAA Prov: P 5.55m  
 LTB: L 5.94m 2/14/2009 Sharika Smith, Western Kentucky  
 GVSU: G 6.03m 2002 Icis Charles

Name	Year	School	Finals	
1 Beutler, Kati		Bethel (Ind.	5.43m	17-09.75
2 Lowe, Jaideene		Windsor ON	5.23m	17-02.00
3 Whittingham, Natoya		Windsor ON	5.17m	16-11.50
4 Mott, Sarah		Bethel (Ind.	5.01m	16-05.25
5 Drouillard, Ashley		Windsor ON	4.98m	16-04.25
6 Watt, Emaryne		Indiana Tech	4.95m	16-03.00
7 Harwood, Stephanie		Bethel (Ind.	4.93m	16-02.25
8 Aikin, Tiffany		Indiana Tech	4.91m	16-01.50

9	Bagnall, Hannah	Windsor ON	4.86m	15-11.50
10	Savic, Marina	Windsor ON	4.78m	15-08.25
10	Elks, Kayla	Tiffin	4.78m	15-08.25
12	Rwahwire, Quinnie	Windsor ON	4.72m	15-06.00
13	Hausner, Amy	Bethel (Ind.)	4.63m	15-02.25
14	Anderson, Jackie	Windsor ON	4.62m	15-02.00
15	Wallace, Camille	Windsor ON	4.59m	15-00.75
16	Compton, Rebecca	Olivet Nazar	4.58m	15-00.50
17	Sager, Vanessa	St. Francis	4.55m	14-11.25
18	Kelly, Alanna	Windsor ON	4.48m	14-08.50
19	Patchel, Kristen	Grand Valley	4.45m	14-07.25
20	Petroelje, Jamie	Unat-Grand V	4.40m	14-05.25
20	McCarthy, Stephanie	Grand Valley	4.40m	14-05.25
22	Gonzales, Jessica	Alma	4.35m	14-03.25
23	Henderson, Chelsea	Saginaw Vall	4.29m	14-01.00
24	Morris, Valerie	Robert Morri	4.21m	13-09.75
25	Loos, Kaitlin	Olivet Nazar	4.17m	13-08.25
26	Williams, Shana	Robert Morri	4.15m	13-07.50
27	Meek, Brittaney	Tiffin	4.11m	13-06.00
28	Plisko, Alexandra	Alma	4.09m	13-05.00
29	Wilford, Elizabeth	Saginaw Vall	3.98m	13-00.75
30	Sawert, Paula	Olivet Nazar	3.90m	12-09.50
31	Burns, Jessica	Robert Morri	3.16m	10-04.50

#### Women Triple Jump

=====				
NCAA Auot: A 11.90m				
NCAA Prov: P 11.35m				
LTB: L 12.15m 2/20/2009 Sierra Backus, Cal St.-LA				
GVSU: G 11.89m 2002 Icic Charles				
Name	Year	School	Finals	
=====				
1	Lowe, Jaideene	Windsor ON	11.75mP	38-06.75
2	Sheikh, Khadija	Windsor ON	10.45m	34-03.50
3	Anderson, Jackie	Windsor ON	10.39m	34-01.25
4	Sager, Vanessa	St. Francis	9.97m	32-08.50
5	Hausner, Amy	Bethel (Ind.)	9.90m	32-05.75
6	Beutler, Kati	Bethel (Ind.)	9.87m	32-04.75
7	Harwood, Stephanie	Bethel (Ind.)	9.48m	31-01.25
8	Compton, Rebecca	Olivet Nazar	9.28m	30-05.50
9	Newberg, Emily	St. Francis	9.09m	29-10.00
10	Gill, Megan	Tiffin	8.91m	29-02.75
--	Gonzales, Jessica	Alma	ND	
--	Rupert, Brittaney	Tiffin	ND	

#### Women Shot Put

=====				
NCAA Auot: A 14.30m				
NCAA Prov: P 13.20m				
LTB: L 14.83m 2/14/2009 Nori Brown, Central Michigan				
GVSU: G 14.12m 2008 Emily Fox				
Name	Year	School	Finals	
=====				
1	Buresh, Lauren	Grand Valley	13.85mP	45-05.25
2	Dewitt, Ashley	Tiffin	13.74mP	45-01.00
3	Lockhart, Sam	Grand Valley	13.56mP	44-06.00
4	Arnold, Nichole	Bethel (Ind.)	13.36mP	43-10.00
5	Fox, Emily	Grand Valley	13.29mP	43-07.25
6	Stephenson, Steffi	Windsor ON	12.22m	40-01.25
7	Schwering, Erica	Indiana Tech	12.19m	40-00.00
8	Mabry, Karmen	Unattached	11.78m	38-07.75
9	Roach, Cara	Tiffin	11.35m	37-03.00
10	Prena, Kelsey	Unattached	11.23m	36-10.25
11	Vaughn, Suzy	Olivet Nazar	11.15m	36-07.00
12	McLaughlin, Shealyn	Windsor ON	11.13m	36-06.25
13	Henderson, Chelsea	Saginaw Vall	10.92m	35-10.00
14	Fogle, Andrea	Ferris State	10.84m	35-06.75
15	Freeman-Gibb, Celine	Windsor ON	10.75m	35-03.25
16	Wassman, Christina	Calvin	10.74m	35-03.00
17	Mouthaan, Lauren	Aquinas	10.69m	35-01.00
18	Schimanski, Ami	Windsor ON	10.34m	33-11.25
19	McPherson, Caitlin	Olivet Nazar	10.33m	33-10.75
20	Weymouth, Stephanie	Alma	10.27m	33-08.50
21	Beard, Jen	St. Francis	10.02m	32-10.50
22	Rimington, Chelsea	St. Francis	9.97m	32-08.50
22	Carter, Jo Anne	Saginaw Vall	9.97m	32-08.50
24	Smith, Kendra	Olivet Nazar	9.57m	31-04.75
25	Lund, Kayla	Bethel (Ind.)	9.34m	30-07.75
26	Foster, Elizabeth	Olivet Nazar	9.30m	30-06.25
27	Marsh, Erica	Saginaw Vall	9.24m	30-03.75
28	Kellepourey, Emily	Tiffin	9.18m	30-01.50

29	Nelson, Kayleigh	Saginaw Vall	9.17m	30-01.00
30	Bagnall, Hannah	Windsor ON	9.03m	29-07.50
31	Smith, Emily	Aquinas	9.02m	29-07.25
32	Fitzwater, Rachel	Tiffin	8.73m	28-07.75
33	MEEK, Brittaney	Tiffin	8.63m	28-03.75
34	Kelly, Alanna	Windsor ON	8.54m	28-00.25
35	Bogar, Alena	Tiffin	8.30m	27-02.75
36	Miller, Michelle	St. Francis	8.05m	26-05.00
37	Atkinson, Tiffany	Olivet Nazar	7.71m	25-03.50
38	Ellks, Kayla	Tiffin	6.90m	22-07.75

Women Weight Throw

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NCAA Auot: A 18.00m  
 NCAA Prov: P 16.10m  
 LTB: L 19.26m 2/7/2009 Tara Cooper, Ashland  
 GVSU: G 18.46m 2008 Kathie Posa

Name	Year	School	Finals	
1	Halliwill, Meagan	Unattached	19.66mL	64-06.00
2	Murphy, Liz	Grand Valley	16.88mP	55-04.75
3	Buresh, Lauren	Grand Valley	15.20m	49-10.50
4	Arnold, Nichole	Bethel (Ind.)	14.95m	49-00.75
5	Smith, Jamie	Grand Valley	14.77m	48-05.50
6	Fox, Katelyn	Grand Valley	14.70m	48-02.75
7	Fitzwater, Rachel	Tiffin	14.17m	46-06.00
8	Dewitt, Ashley	Tiffin	13.54m	44-05.25
9	Marsh, Erica	Saginaw Vall	13.53m	44-04.75
10	Fogle, Andrea	Ferris State	13.16m	43-02.25
11	Beard, Jen	St. Francis	12.95m	42-06.00
11	Stremlow, Stacy	Saginaw Vall	12.95m	42-06.00
13	Carter, Jo Anne	Saginaw Vall	12.92m	42-04.75
14	McLaughlin, Shealyn	Windsor ON	12.89m	42-03.50
15	Zokoe, Alyssa	Grand Valley	12.74m	41-09.75
16	Mouthaan, Lauren	Aquinas	12.48m	40-11.50
17	Nelson, Kayleigh	Saginaw Vall	12.39m	40-07.75
18	Schmeltz, Ellen	Bethel (Ind.)	12.10m	39-08.50
19	Weymouth, Stephanie	Alma	12.03m	39-05.75
20	Roach, Cara	Tiffin	11.89m	39-00.25
21	Atkinson, Tiffany	Olivet Nazar	11.84m	38-10.25
22	McPherson, Caitlin	Olivet Nazar	11.21m	36-09.50
23	Stieg, Helena	Davenport	11.02m	36-02.00
24	Vaughn, Suzy	Olivet Nazar	10.46m	34-04.00
25	Kellepourey, Emily	Tiffin	10.20m	33-05.75
26	Smith, Emily	Aquinas	10.16m	33-04.00
27	Bartels, Rachel	Aquinas	10.01m	32-10.25
28	Sherman, Jessica	Tiffin	9.91m	32-06.25
28	Makowski, Elizabeth	Robert Morri	9.91m	32-06.25
30	Price, Nicole	Tiffin	7.59m	24-11.00
--	Freeman-Gibb, Celine	Windsor ON	ND	
--	Foster, Elizabeth	Olivet Nazar	ND	
--	Lund, Kayla	Bethel (Ind.)	ND	
--	Rimington, Chelsea	St. Francis	ND	
--	Smith, Kendra	Olivet Nazar	ND	

Men 60 Meter Dash

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NCAA Auot: A 6.75  
 NCAA Prov: P 6.88  
 LTB: L 6.82 1/16/2009 Frederick Helm, Indianapolis  
 GVSU: G 6.83 2002 Scott Mackey

Name	Year	School	Prelims	H#
Preliminaries				
1	Drake, Johnie	Unattached	A 6.68q	4
2	McKinney, Rumeal	Aquinas	6.90q	5
3	Thomas, Anthony	Tiffin	6.99q	1
4	Hewson, Matt	Aquinas	7.00q	4
5	Bowman, Aaron	Windsor ON	7.02q	8
6	Gray, Dewayne	Spring Arbor	7.05q	6
7	Chevalier, Scott	Saginaw Vall	7.08q	3
8	Keating, Justin	Windsor ON	7.09q	7
8	Sanders, Jake	Aquinas	7.09q	2
10	Chupp, Trent	Bethel (Ind.)	7.16q	5
10	Garvey, Blake	Aquinas	7.16q	2
12	VanMaanen, Zach	Spring Arbor	7.17q	4
12	Santiago, CJ	St. Francis	7.17q	4
14	Buckwalter, Jacob	Tiffin	7.18q	5
14	Holland, Brandon	Windsor ON	7.18q	4
16	Candito, Joe	Tiffin	7.19q	6
17	Haught, Dan	Indiana Tech	7.20q	1

18	Klotz, B. J.	Aquinas	7.21q	2
19	Pierre, Shea	Windsor ON	7.22	1
20	Colvin, Dominic	Tiffin	7.23	1
20	Johnson, Dustin	Aquinas	7.23	8
22	Nichol, Leonae	Windsor ON	7.24	7
23	Kendro, Chris	Davenport	7.27	4
23	Ryals, Mikal	Bethel (Ind.)	7.27	8
25	Palmer, Austin	Unattached	7.28	2
25	Stokes, Nick	Unattached	7.28	3
27	Yamane, Kent	Olivet Nazar	7.30	1
28	Hubert, Anthony	St. Francis	7.31	8
29	Watkins, Victor	Indiana Tech	7.32	6
30	Marshall, Tony	Tiffin	7.35	7
31	Atkins, Gary	Ferris State	7.36	4
31	Maierle, JW	Bethel (Ind.)	7.36	8
33	Rademacher, Ryan	Grand Valley	7.38	7
34	Thomas, Nicholas	Tiffin	7.41	5
34	Carroll, Derrius	Indiana Tech	7.41	3
36	Wagner, Ben	Tiffin	7.43	8
36	Carranza, Xavier	Alma	7.43	5
38	Maree, Talal	Bethel (Ind.)	7.44	5
39	Randolph, Jontae	Bethel (Ind.)	7.50	4
39	Wielard, Clay	Calvin	7.50	3
41	Baldwin, Michael	Ferris State	7.53	4
41	Summers, Brandon	Bethel (Ind.)	7.53	1
41	Davis, CJ	Davenport	7.53	6
44	Ticknor, Nathan	Olivet Nazar	7.56	6
45	Reynolds, Brandon	Unattached	7.57	7
46	Rogers, Jeremy	Spring Arbor	7.59	3
47	Zedler, Ben	Spring Arbor	7.62	3
48	Leone, Vincenzo	St. Francis	7.65	1
49	Blakemore, Jesse	Olivet Nazar	7.69	5
50	Paulsen, Jordan	Olivet Nazar	7.71	7
51	Meyer, Brian	Unattached	7.76	1
52	McDougal, Keith	Davenport	7.77	5
52	Reynolds, Marcus	Olivet Nazar	7.77	7
52	DeFries, Matthew	Olivet Nazar	7.77	8
55	Miles, Brandal	Olivet Nazar	7.79	2
56	Niederstadt, Cory	Alma	7.81	2
57	Harney, Christian	St. Francis	7.89	3
58	Cline, Jarred	Alma	7.97	3
59	Johnson, Justin	Spring Arbor	8.11	7
60	Curth, Dane	Alma	8.26	5
61	Fowler, Justin	Alma	8.57	6

#### Men 60 Meter Dash

=====					
NCAA Auot:	A	6.75			
NCAA Prov:	P	6.88			
LTB:	L	6.82	1/16/2009	Frederick Helm, Indianapolis	
GVSU:	G	6.83	2002	Scott Mackey	

Name	Year	School	Finals	H#
=====				
Finals				
1	Drake, Johnie	Unattached	6.77L	1
2	McKinney, Rumeal	Aquinas	6.83G	1
3	Bowman, Aaron	Windsor ON	6.87P	1
4	Keating, Justin	Windsor ON	6.93	1
5	Thomas, Anthony	Tiffin	6.95	1
6	Sanders, Jake	Aquinas	7.05	1
7	Gray, Dewayne	Spring Arbor	7.07	1
8	Chevalier, Scott	Saginaw Vall	7.08	1
9	Garvey, Blake	Aquinas	7.13	2
10	Hewson, Matt	Aquinas	7.14	1
11	Candito, Joe	Tiffin	7.21	2
12	Klotz, B. J.	Aquinas	7.23	2
13	Haught, Dan	Indiana Tech	7.24	2
14	Buckwalter, Jacob	Tiffin	7.25	2
15	Chupp, Trent	Bethel (Ind.)	7.31	2
16	Santiago, CJ	St. Francis	7.32	2
17	Holland, Brandon	Windsor ON	7.34	2
18	VanMaanen, Zach	Spring Arbor	7.43	2

#### Men 200 Meter Dash

=====					
NCAA Auot:	A	21.30			
NCAA Prov:	P	21.70			
LTB:	L	21.24	2/13/2009	Jeremy Orr, Michigan State	
GVSU:	G	21.88	1999	Courtney Hill	

Name	Year	School	Finals	H#
=====				

1	McKinney, Rumeal	Aquinas	21.89	1
2	Thomas, Anthony	Tiffin	21.94	1
3	Dills, Brendan	Windsor ON	22.11	1
4	Keene, Deven	Tiffin	22.34	2
5	Bowman, Aaron	Windsor ON	22.56	4
6	Faulk, Jovon	Grand Valley	22.62	1
7	Parnell, Xavier	Grand Valley	22.77	2
8	Gray, Dewayne	Spring Arbor	22.78	5
8	Bareman, Michael	Grand Valley	22.78	1
10	Rock, Troy	Grand Valley	22.80	2
11	Nichol, Leonae	Windsor ON	22.81	3
12	Keating, Justin	Windsor ON	22.84	4
13	Buckwalter, Jacob	Tiffin	22.86	4
14	Garvey, Blake	Aquinas	22.88	5
15	Hewson, Matt	Aquinas	22.95	3
16	Toran, Bryon	Tiffin	22.97	4
17	Chevalier, Scott	Saginaw Vall	22.99	2
18	Pierre, Shea	Windsor ON	23.01	6
19	Holland, Brandon	Windsor ON	23.04	6
20	Haught, Dan	Indiana Tech	23.06	3
20	Klotz, B. J.	Aquinas	23.06	7
22	Army, David	Indiana Tech	23.13	10
23	Boyd, Calon	Bethel (Ind.	23.17	4
24	Marshall, Tony	Tiffin	23.20	18
25	Antor, Peter	Grand Valley	23.24	3
26	Johnson, Dustin	Aquinas	23.26	3
27	Carroll, Derrius	Indiana Tech	23.27	10
28	Stroner, Brad	Calvin	23.31	9
29	Selke, Jordan	Tiffin	23.36	8
30	Candito, Joe	Tiffin	23.37	6
31	Ticknor, Nathan	Olivet Nazar	23.39	11
32	Thomas, Spencer	Grand Valley	23.40	2
33	Vanderlaan, Zack	Calvin	23.42	10
34	Reynolds, Brandon	Unattached	23.43	5
35	Addison, Wes	St. Francis	23.44	16
36	Wilson, Brad	Bethel (Ind.	23.47	11
37	Heim, Jordan	Bethel (Ind.	23.49	7
37	Chupp, Trent	Bethel (Ind.	23.49	8
39	Knudsen, Kingston	Windsor ON	23.54	13
40	Swihart, Al	Unat-Grand V	23.56	7
41	Smith, Cameron	Aquinas	23.57	10
42	Randolph, Jontae	Bethel (Ind.	23.58	12
43	Thomas, Nicholas	Tiffin	23.62	8
44	Froelich, Wayland	St. Francis	23.63	7
44	Ryals, Mikal	Bethel (Ind.	23.63	13
46	Pavlak, Jeremiah	Grand Valley	23.64	6
47	Alexander, Jacob	Grand Valley	23.74	9
48	Maree, Talal	Bethel (Ind.	23.75	12
49	Parrish, Eric	Unat-Grand V	23.78	5
49	Fanning, Connor	Windsor ON	23.78	11
51	Alexander, Anthony	real deal tr	23.79	5
51	Carranza, Xavier	Alma	23.79	11
53	Price, Justin	Ferris State	23.81	8
54	Watkins, Victor	Indiana Tech	23.82	8
55	Brown, Ryan	Grand Valley	23.84	11
56	Curtis, Keith	Ferris State	23.87	9
57	DeFries, Matthew	Olivet Nazar	23.89	16
58	Brant, Ramone	Tiffin	23.90	2
59	Hagge, Ben	Unattached	23.92	1
60	Atkins, Gary	Ferris State	23.96	16
60	Rentfrow, Mark	Grand Valley	23.96	6
62	Hubert, Anthony	St. Francis	23.99	14
63	Pike, Brian	Unat-Grand V	24.10	7
64	Leone, Vincenzo	St. Francis	24.13	12
65	Kendro, Chris	Davenport	24.14	9
66	Raynal, Wes	Aquinas	24.18	13
67	Wheeler, Dean	Unattached	24.20	12
68	VanMaanen, Zach	Spring Arbor	24.24	7
69	Sullins, Calvin	Saginaw Vall	24.25	14
70	Wagner, Ben	Tiffin	24.26	13
70	Griffin, Chris	Tiffin	24.26	18
72	Summers, Brandon	Bethel (Ind.	24.31	11
73	Baldwin, Michael	Ferris State	24.35	16
74	Blakemore, Jesse	Olivet Nazar	24.37	16
74	Dull, Cody	Indiana Tech	24.37	13
76	Maierle, JW	Bethel (Ind.	24.40	13
76	Hageman, Sam	St. Francis	24.40	15
78	Garcia, Logan	Tiffin	24.43	8
79	Powell, Donovan	Tiffin	24.51	14
80	Wielard, Clay	Calvin	24.54	14
81	Davis, CJ	Davenport	24.67	15

82	Hanna, John	Saginaw Vall	24.70	15
83	Sinclair, Dewey	Grand Valley	24.72	18
84	Kapolnek, Dan	St. Francis	24.77	9
85	Corsbie, Kent	Bethel (Ind.	24.99	18
86	Paulsen, Jordan	Olivet Nazar	25.33	17
86	McDougal, Keith	Davenport	25.33	15
88	Thatcher, Marcus	Saginaw Vall	25.40	17
89	Vermeer, Tim	Calvin	25.51	14
90	Humphries, Brock	Saginaw Vall	25.61	17
91	Walch, Kyle	Ferris State	26.45	17
92	Harney, Christian	St. Francis	26.48	18
93	Lockwood, Mark	Olivet Nazar	26.80	17

Men 400 Meter Dash

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NCAA Auot: A 47.50  
 NCAA Prov: P 48.75  
 LTB: L 47.79 1/23/2009 Larry Inanaga, Unattached  
 GVSU: G 48.29 2007 MacKenzie Lucius

Name	Year	School	Finals	H#
1	Ware, Justin	Tiffin	49.51	1
2	Dill, Russell	Indiana Tech	49.55	1
3	Heim, Jordan	Bethel (Ind.	49.58	1
4	Reid, Chris	Windsor ON	49.62	1
5	Toran, Bryon	Tiffin	50.28	3
6	Meier, Jared	Grand Valley	50.38	3
7	Lowe, Eric	Grand Valley	50.71	2
8	Nightingale, Travis	Windsor ON	50.84	3
9	Gangloff, Tyler	Spring Arbor	51.05	2
10	Selge, Jordan	Tiffin	51.36	4
11	Price, Justin	Ferris State	51.38	4
12	Swihart, Al	Unat-Grand V	51.39	3
13	Reynard, Brandon	Indiana Tech	51.53	2
14	Antor, Peter	Grand Valley	51.56	2
15	Boyd, Calon	Bethel (Ind.	51.77	2
16	Ticknor, Nathan	Olivet Nazar	51.82	4
17	Garcia, Logan	Tiffin	51.90	5
17	Curtis, Keith	Ferris State	51.90	5
19	Alexander, Anthony	real deal tr	52.03	4
20	Koppelman, Brock	Spring Arbor	52.12	4
21	Vallar, Marcus	Grand Valley	52.24	3
22	Parrish, Eric	Unat-Grand V	52.60	5
23	Pavlak, Jeremiah	Grand Valley	53.07	6
24	Wheeler, Dean	Unattached	53.23	4
25	DeFries, Matthew	Olivet Nazar	53.33	7
26	Moore, Andrew	Tiffin	53.34	3
27	Kapolnek, Dan	St. Francis	53.41	6
28	Silecchia, Joe	Spring Arbor	53.68	6
29	Pike, Brian	Unat-Grand V	54.00	5
30	Addison, Wes	St. Francis	54.54	6
31	Sinclair, Dewey	Grand Valley	54.75	8
32	Merlo, Joe	Alma	55.31	8
33	Wagner, Ben	Tiffin	55.35	6
34	Paulsen, Jordan	Olivet Nazar	56.35	8
35	Truskowski, Mark	Unattached	56.71	8
36	Powell, Donovan	Tiffin	57.10	5
37	Cline, Jarred	Alma	57.75	7
38	Reynolds, Brandon	Unattached	58.03	7
39	Curth, Dane	Alma	58.91	7
40	Dull, Cody	Indiana Tech	59.30	5
41	Lockwood, Mark	Olivet Nazar	1:00.49	7
42	West, Ronald	Indiana Tech	1:01.39	7

Men 600 Meter Run

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NCAA Prov: P 1:19.77  
 LTB: L 1:19.77 1/9/2009 Todd Schuster, Grand Valley State  
 GVSU: G 1:19.77 2009 Todd Schuster

Name	Year	School	Finals
1	Tome, Mitch	Windsor ON	1:21.07
2	Eldridge, Dustin	Windsor ON	1:21.41
3	Quevedo, Camilo	Windsor ON	1:21.48
4	Lane, Ben	Windsor ON	1:22.13
5	Mills, Zach	Grand Valley	1:22.69
6	Phillips, Eric	Grand Valley	1:23.01
7	Thelen, Nick	Aquinas	1:23.18
8	Dyer, John	Grand Valley	1:23.56
9	Proctor, Ben	Windsor ON	1:23.63
10	Rameriz, Victor	Aquinas	1:23.69

11 Heiler, Dustin	Aquinas	1:23.91
12 Wilder, Brian	Grand Valley	1:24.16
13 Lamarche, Steve	Windsor ON	1:24.27
14 Stickney, Kolin	Aquinas	1:24.30
15 McKeel, Scott	Grand Valley	1:24.49
16 Wilk, Jeremy	Unat-Grand V	1:24.82
17 Snyder, Josh	Grand Valley	1:25.03
18 Vosburg, Joel	Windsor ON	1:25.61
19 Beutler, Kyle	Bethel (Ind.)	1:26.26
20 Rybinski, Pete	Aquinas	1:26.47
21 Deja, Matt	Alma	1:26.66
22 marcinkowski, nick	Unattached	1:26.78
23 Esper, Kyle	Unat-Grand V	1:27.85
24 Patrick, Arron	Bethel (Ind.)	1:28.09
25 Zidar, Jonathan	Windsor ON	1:28.29
26 Boone, Jacob	Spring Arbor	1:28.42
27 Foley, Ken	Aquinas	1:28.65
28 Shelnick, Jason	Tiffin	1:28.85
29 Olson, Tom	Aquinas	1:29.18
30 Snyder, Dan	Tiffin	1:29.47
31 Kearney, Matthew	Olivet Nazar	1:29.81
32 Newton, Joey	Tiffin	1:31.14
33 Smith, Killian	Aquinas	1:31.52
34 Lewis, Calvin	Bethel (Ind.)	1:31.71
35 Busch, Bryan	Spring Arbor	1:31.89
36 Griffin, Chris	Tiffin	1:35.43
37 O'Neal, Ronald	St. Francis	1:36.38
38 Purdy, Paul	St. Francis	1:41.51

Men 800 Meter Run

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NCAA Auot: A 1:51.90  
 NCAA Prov: P 1:53.90  
 LTB: L 1:48.97 2/13/2009 Shane Knoll, Michigan State  
 GVSU: G 1:50.74 2009 Todd Schuster

Name	Year School	Finals
1 Richards, Charlie	Saginaw Vall	1:53.11P
2 Kellar, Adam	Windsor ON	1:53.79P
3 Stone, Derek	Saginaw Vall	1:55.28
4 Mangieri, Michael	Ferris State	1:55.50
5 Miles, Stephen	Tiffin	1:55.76
6 Rumpf, Craig	Grand Valley	1:56.07
7 Yost, Adam	St. Francis	1:56.97
8 Lagios, Brendan	Oakland CC	1:57.03
9 Gibbons, Mike	Grand Valley	1:57.24
10 Johnson, Kyle	Playmakers R	1:58.22
11 Sterchi, Carson	Calvin	1:58.79
12 Irmen, Chas	Oakland CC	1:58.90
13 Falk, Nick	Windsor ON	1:59.07
14 Arnold, Josh	Saginaw Vall	1:59.17
15 Wainaina, Edwin	Unat-Calvin	1:59.49
16 Mc Elheny, Daniel	Calvin	2:00.07
17 Richards, Ben	Saginaw Vall	2:00.10
18 Copper, Dakota	Unat-Grand V	2:00.11
19 Dalton, Phil	Windsor ON	2:00.28
20 Powers, Thomas	Olivet Nazar	2:00.68
21 Watts, Sylvester	Tiffin	2:00.99
22 Volk, Dan	Ferris State	2:01.50
23 Major, Denny	Davenport	2:01.74
24 Allen, Carlton	Grand Valley	2:01.98
25 Zang, Josh	Saginaw Vall	2:02.34
26 Oloomi, Jordan	Bethel (Ind.)	2:03.36
27 Chute, Ryan	Ferris State	2:03.49
28 Bell, Paris	Davenport	2:03.77
29 Gerstenberger, William	Unattached	2:03.79
30 Holst, Derek	Indiana Tech	2:04.71
31 Mizeur, Nicholas	Olivet Nazar	2:05.00
32 Frey, Alex	Tiffin	2:05.33
33 Nunns, Adam	Tiffin	2:05.39
34 Wilson, Jeff	Unattached	2:05.58
34 Losinski, Kreg	Davenport	2:05.58
36 Bartlett, Derrick	Ferris State	2:05.79
37 Plisko, Eric	Alma	2:06.43
38 Smith, Colton	Olivet Nazar	2:06.44
39 Buchholz, Brent	Alma	2:06.47
40 Mitchell, Jordan	Indiana Tech	2:07.72
41 Baeckeroot, Jeff	Oakland CC	2:08.11
42 Bauer, Joe	Ferris State	2:09.09
43 Lathrop, Zachary	Tiffin	2:09.27
44 Kimbrell, Matt	Indiana Tech	2:09.48

45	Mullen, Tommy	Indiana Tech	2:09.65
46	Heyboer, Keith	Davenport	2:09.90
47	Harlor, Corben	Tiffin	2:10.53
48	Carmona, Jorge	St. Francis	2:10.90
49	Bishop, Drew	Bethel (Ind.)	2:11.52
50	Wainwright, John	Indiana Tech	2:13.78
51	Rizzo, Phil	St. Francis	2:15.53
52	Schultz Jr., Paul	Unattached	2:16.01
53	Zann, Anthony	Bethel (Ind.)	2:19.50
54	Graber, Jordan	Indiana Tech	2:27.68
55	Boucher, Matt	Alma	2:27.89
56	Mahon, James	Tiffin	2:37.16

Men 1 Mile Run

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NCAA Auot: A 4:08.60
NCAA Prov: P 4:13.30
      LTB: L 4:04.51  2/13/2009  Derek Scott, Brooks
      GVSU: G 4:07.55  2006      Nate Peck
Name          Year School          Finals
=====
 1 Mangieri, Michael      Ferris State      4:19.54
 2 Whittle, Greg          Calvin            4:20.03
 3 Smith, Sean            St. Francis       4:20.80
 4 Bumb, Jason            Tiffin            4:24.01
 5 Johnson, Kyle          Playmakers R      4:25.40
 6 Powers, Thomas         Olivet Nazar      4:27.11
 7 Crossman, Tyler        Ferris State      4:29.09
 8 Chute, Ryan            Ferris State      4:29.31
 9 DeHaan, Nate           Calvin            4:29.53
10 Katsefaras, Nick       Unattached        4:31.48
11 Holst, Derek           Indiana Tech      4:31.66
12 Childs, Derek          Ferris State      4:32.48
13 Katsefaras, Mike       Unattached        4:32.84
14 kyser, josh            Unattached        4:33.26
15 Fay, Ben               Olivet Nazar      4:33.38
16 Mizeur, Nicholas       Olivet Nazar      4:33.89
17 Peacock, Wade        Alma              4:33.90
18 Nunns, Adam            Tiffin            4:34.08
19 McDowell, Ian          St. Francis       4:36.14
20 Mullen, Tommy          Indiana Tech      4:37.05
21 Kimbrell, Matt         Indiana Tech      4:37.55
22 Seaver, Cortland       Saginaw Vall     4:38.91
23 Ferrigan, Kasey        Olivet Nazar      4:39.72
24 Frey, Alex             Tiffin            4:40.41
25 Best, Alex             Ferris State      4:40.69
26 Mahar, Kevin           Aquinas           4:40.73
27 Schulte, Michael       Ferris State      4:41.20
28 Wainwright, John       Indiana Tech      4:42.51
29 Rizzo, Phil            St. Francis       4:43.11
30 Reynolds, Brian        Ferris State      4:43.67
31 Silversmith, David     Ferris State      4:43.77
32 Waybright, Ryan        Bethel (Ind.)     4:44.93
33 Armstead, Justin       Olivet Nazar      4:45.82
34 Logan, Shane           Oakland CC        4:46.70
35 Mead, Jared            Bethel (Ind.)     4:47.18
36 Campbell, Andrew       Ferris State      4:48.02
37 Reif, Kyle             Spring Arbor      4:48.37
38 Bremer, Mike           Alma              4:48.38
39 Harlor, Corben         Tiffin            4:49.09
40 Heyboer, Keith         Davenport         4:49.10
41 Bishop, Drew           Bethel (Ind.)     4:49.15
42 Topp, Mike             St. Francis       4:49.59
43 Buchholz, Brent        Alma              4:50.07
44 Caverly, Zachary       Alma              4:51.50
45 Stringham, Arthur      St. Francis       4:51.75
46 Laskowski, Dan         St. Francis       4:52.57
47 Stoneburner, McClain  Spring Arbor      4:53.29
48 Schultz Jr., Paul     Unattached        4:56.01
49 Manazir, Theo          Spring Arbor      4:57.85
50 Jessup, Darryl        Oakland CC        4:59.68
51 Chovanec, Matt         Unat-Alma        5:00.23
52 Kilpatrick, Jared     Alma              5:10.29
53 Graber, Jordan         Indiana Tech      5:20.59
54 Boucher, Matt          Alma              5:23.47
55 Mahon, James           Tiffin            5:57.96
-- Mitchell, Jordan      Indiana Tech      DNF
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Men 3000 Meter Run

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NCAA Prov: P 8:03.71
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LTB: L 8:03.71 2/14/2009 Jeff Powers, Brooks  
GVSU: G 8:15.84 2006 Nate Peck

Name	Year	School	Finals
1 Weston, Dave		Windsor ON	8:20.26
2 Aguanno, Andrew		Windsor ON	8:26.75
3 Genther, Steve		Saginaw Vall	8:28.73
4 Walters, Matt		Windsor ON	8:29.69
5 Martin, Nathan		Spring Arbor	8:30.81
6 Berkis, Anthony		Unattached	8:31.10
7 Toth, Ryan		Grand Valley	8:31.41
8 Emmorey, Tyler		Grand Valley	8:31.65
9 Nordquist, Jeff		Grand Valley	8:32.43
10 Sage, Pat		Grand Valley	8:32.82
11 Zielinski, Paul		Grand Valley	8:34.30
12 Witt, Anthony		Grand Valley	8:35.71
13 Recker, Jerome		Playmakers R	8:37.54
14 Patterson, Drew		Windsor ON	8:39.15
15 Meyer, Alex		Windsor ON	8:40.25
16 Julson, Larry		Grand Valley	8:41.35
17 Hawks, Andrew		Davenport	8:43.09
18 Denner, Aaron		Grand Valley	8:44.13
19 Bumb, Jason		Tiffin	8:45.10
20 Paolini, Eduardo		Windsor ON	8:47.02
21 Roscoe, Lucas		Unat-Grand V	8:47.47
22 Henshaw, Mark		Windsor ON	8:48.01
23 Anderson, Kyle		Spring Arbor	8:48.27
24 Faasse, Ross		Grand Valley	8:49.03
25 Manby, Jon		Grand Valley	8:49.86
26 Seaver, Cortland		Saginaw Vall	8:50.80
27 Lee, Jeremy		Unat-Tiffin	8:52.16
28 White, Cody		Indiana Tech	8:52.97
29 Knisely, Nathan		Grand Valley	8:52.98
30 Crossman, Tyler		Ferris State	8:53.83
31 Lacy, Garrett		Alma	8:54.17
32 Bauer, Jesse		Windsor ON	8:54.87
33 Wetters, Jon		Saginaw Vall	8:55.67
34 Graves, Joe		Unat-Grand V	8:57.66
35 Lucas, Dan		Grand Valley	8:58.76
36 Oleski, Zachary		Grand Valley	9:00.19
37 Childs, Derek		Ferris State	9:00.48
38 Welmers, Derek		Saginaw Vall	9:00.54
39 Burelle, Joey		Unattached	9:01.41
40 Cushman, Brandon		Unat-Grand V	9:02.40
41 Gumz, Tim		Grand Valley	9:02.56
42 Acevedo, Art		Unat-Grand V	9:04.02
43 Poirier, Nate		Aquinas	9:04.61
44 Moskalewski, Josh		Unat-Grand V	9:04.64
45 Lane, Steve		Spring Arbor	9:05.04
46 Stoltie, Alex		Unattached	9:06.14
47 Pitcel, Emery		Unat-Grand V	9:06.37
48 Eblin, Mike		Tiffin	9:06.98
49 VandeBunte, David		Calvin	9:07.64
50 Hock, Max		Unattached	9:08.35
51 Snellink, Joey		Davenport	9:09.70
52 kyser, josh		Unattached	9:10.04
53 Erway, Caleb		Olivet Nazar	9:11.64
54 Ziolkko, Ryan		Unat-Grand V	9:11.97
55 Best, Alex		Ferris State	9:12.00
56 Skinner, Mike		Grand Valley	9:12.29
57 Carlisle, Steffen		Grand Valley	9:12.90
58 Gearhart, Michael		Spring Arbor	9:15.85
59 Seymour, Ed		Aquinas	9:16.65
60 Silversmith, David		Ferris State	9:18.36
61 Reynolds, Brian		Ferris State	9:18.93
62 Wagner, Scott		Michigan Run	9:20.32
63 Mott, Jack		Unat-Grand V	9:21.32
64 Saltarelli, Guido		Grand Valley	9:22.42
65 Clausen, Andy		Olivet Nazar	9:23.51
66 Schulte, Michael		Ferris State	9:23.86
67 Siira, Joshua		Grand Valley	9:25.41
68 Neri, Billy		Spring Arbor	9:29.03
69 Watson, Aaron		Grand Valley	9:29.24
70 Trausch, Adam		Davenport	9:29.58
71 Teach, JP		St. Francis	9:34.85
72 Fausey, Harrison		Bethel (Ind)	9:36.09
73 Campbell, Andrew		Ferris State	9:38.55
74 Tenelshof, Alex		Davenport	9:39.58
75 Hall, Phil		Tiffin	9:40.48
76 Flannery, Josh		Spring Arbor	9:41.12
77 Jonker, Ethan		Davenport	9:43.64

78	Hatt, Ethan	Spring Arbor	9:45.02
79	Voss, Bobby	Spring Arbor	9:45.84
80	Naragon, Cory	Bethel (Ind.	9:47.26
81	Nelson, Justin	Bethel (Ind.	9:48.87
82	Tingley, Dave	Spring Arbor	9:49.16
83	Kositzke, Jacob	Davenport	9:50.87
84	Gwizdala, John	Alma	9:54.32
85	Stadter, Eric	St. Francis	9:56.09
86	Carlson, Jesse	Olivet Nazar	9:58.87
87	Mead, Jared	Bethel (Ind.	10:01.10
88	Waybright, Ryan	Bethel (Ind.	10:07.20
89	Howard, Trevor	St. Francis	10:11.93
90	Wheeler, Houston	Olivet Nazar	10:43.82
91	Holst, Jeremy	Indiana Tech	11:10.65
--	Gravelyn, Mike	Aquinas	DNF
--	Logan, Matthew	Olivet Nazar	DNF
--	Reif, Kyle	Spring Arbor	DNF

#### Men 5000 Meter Run

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NCAA Auot:	A	14:12.80	
NCAA Prov:	P	14:46.80	
LTB:	L	14:11.08	2/13/2009 Daniel Kirwa, Harding
GVSU:	G	14:07.24	2006 Nate Peck
Name	Year	School	Finals
=====			
1	Richmond, Donald	Playmakers R	15:11.60
2	MacDonough, Kenny	Olivet Nazar	15:24.50
3	Morgan, Mike	Aquinas	15:25.40
4	Lea, Devin	Aquinas	15:28.10
5	Hargett, Jeremiah	Oakland CC	15:30.90
6	Noble, Tyler	Saginaw Vall	15:33.00
7	O'Neil, Dominique	Tiffin	15:33.30
8	Lewis, Ben	Calvin	15:37.90
9	Lanciaux, James	Aquinas	15:41.70
10	Baade, Greg	Saginaw Vall	15:50.40
11	Baker, Jake	Calvin	15:52.50
12	Logan, Shane	Oakland CC	15:58.40
13	Faerber, Kyle	Tiffin	16:06.50
14	Anderson, Kyle	Tiffin	16:08.60
15	Janisse, James	Aquinas	16:13.50
16	Ulrich, David	Olivet Nazar	16:14.60
17	Clausen, Andy	Olivet Nazar	16:17.10
18	Boone, Kyle	Olivet Nazar	16:19.20
19	Grime, Brian	Tiffin	16:20.40
20	O'Connor, Austin	Bethel (Ind.	16:38.50
21	Olds, Mike	Spring Arbor	16:41.10
22	Nelson, Mickey	Indiana Tech	16:51.30
23	DeKorne, Max	Unattached	16:53.80
24	Burk, Bryan	Spring Arbor	16:58.00
25	Crawford, Adam	Bethel (Ind.	17:02.30
26	Jessup, Darryl	Oakland CC	17:26.60
26	Rader, Nick	Tiffin	17:26.60
28	Eddy, David	Tiffin	17:30.60
--	Wilson, Jeff	Unattached	DNF

#### Men 60 Meter Hurdles

=====					
NCAA Auot:	A	8.04			
NCAA Prov:	P	8.25			
LTB:	L	7.70	1/15/2001	Jeff Porter, Unattached	
GVSU:	G	8.02	2007	Garron Lucius	
Name	Year	School	Prelims	H#	
=====					
Preliminaries					
1	Brant, Ramone	Tiffin	8.31q	1	
2	Brautzsch, Chris	Indiana Tech	8.42q	2	
3	Dill, Russell	Indiana Tech	8.51q	2	
4	Wiley, Quontrel	Indiana Tech	8.56q	4	
5	Brown, Ryan	Grand Valley	8.59q	1	
6	Sullins, Calvin	Saginaw Vall	8.64q	2	
7	Rentfrow, Mark	Grand Valley	8.71q	2	
8	Dandie, Anthony	Windsor ON	8.73q	4	
9	Snyder, Dan	Tiffin	8.78q	4	
10	Latz, Joey	Grand Valley	8.79q	2	
11	Roth, Austin	Windsor ON	8.83q	4	
12	Fanning, Connor	Windsor ON	8.84q	4	
13	Hanna, John	Saginaw Vall	8.89q	1	
14	Sinclair, Dewey	Grand Valley	9.02q	1	
15	Alexander, Jacob	Grand Valley	9.04q	2	
16	Humphries, Brock	Saginaw Vall	9.11q	4	

17	Reynolds, Marcus	Olivet Nazar	9.13q	3
17	Silecchia, Joe	Spring Arbor	9.13q	2
19	Mathis, Nate	Aquinas	9.14	4
20	Ramthun, Kyle	Calvin	9.20	1
21	Moore, Andrew	Tiffin	9.25	3
22	Thatcher, Marcus	Saginaw Vall	9.36	4
23	Saxon, Keyante	Unattached	9.44	1
24	Grob, Tyler	Saginaw Vall	9.45	2
25	Walch, Kyle	Ferris State	9.53	4
26	Antor, Peter	Grand Valley	9.55	3
27	Vermeer, Tim	Calvin	9.63	3
28	Merlo, Joe	Alma	9.64	1
29	Wilson, Brad	Bethel (Ind.)	9.79	3
30	Farley, Brad	Aquinas	9.80	3
31	Lockwood, Mark	Olivet Nazar	9.85	1
32	Opalewski, Trevor	Saginaw Vall	10.35	3

#### Men 60 Meter Hurdles

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NCAA Auot:	A	8.04		
NCAA Prov:	P	8.25		
LTB:	L	7.70	1/15/2001	Jeff Porter, Unattached
GVSU:	G	8.02	2007	Garron Lucius

Name	Year	School	Finals	H#
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#### Finals

1	Brant, Ramone	Tiffin	8.22P	1
2	Brautzsch, Chris	Indiana Tech	8.23P	1
3	Dill, Russell	Indiana Tech	8.47	1
4	Brown, Ryan	Grand Valley	8.58	1
5	Rentfrow, Mark	Grand Valley	8.60	1
5	Latz, Joey	Grand Valley	8.60	2
7	Wiley, Quontrel	Indiana Tech	8.62	1
8	Sullins, Calvin	Saginaw Vall	8.63	1
9	Hanna, John	Saginaw Vall	8.69	2
10	Reynolds, Marcus	Olivet Nazar	8.73	2
11	Fanning, Connor	Windsor ON	8.74	2
12	Alexander, Jacob	Grand Valley	8.75	2
13	Roth, Austin	Windsor ON	8.81	2
14	Sinclair, Dewey	Grand Valley	9.03	2
15	Humphries, Brock	Saginaw Vall	9.09	2

#### Men 4x400 Meter Relay

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NCAA Auot:	A	3:14.00		
NCAA Prov:	P	3:18.10		
LTB:	L	3:09.59	2/14/2009	, Michigan State
				Orr, Hewlett, Ratomski, Smoot
GVSU:	G	3:16.92	2009	
				Makela, Lowe, Schuster, Rock

School	Finals	H#
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1	Tiffin 'A'		3:15.64G	1
	1) Keene, Deven	2) Colvin, Dominic		
	3) Ware, Justin	4) Thomas, Anthony		
2	Windsor ON 'A'		3:16.50G	1
	1) Dills, Brendan	2) Tome, Mitch		
	3) Reid, Chris	4) Quevedo, Camilo		
3	Grand Valley St. 'A'		3:18.44	1
	1) Bareman, Michael	2) Thomas, Spencer		
	3) Lowe, Eric	4) Rock, Troy		
4	Windsor ON 'B'		3:22.70	1
	1) Nightingale, Travis	2) Lane, Ben		
	3) Lamarche, Steve	4) Eldridge, Dustin		
5	Indiana Tech 'A'		3:24.27	1
	1) Reynard, Brandon	2) Army, David		
	3) Dill, Russell	4) Haught, Dan		
6	Bethel (Ind.) 'A'		3:24.74	2
	1) Wilson, Brad	2) Heim, Jordan		
	3) Randolph, Jontae	4) Beutler, Kyle		
7	Aquinas 'A'		3:25.63	2
	1) Klotz, B. J.	2) Smith, Cameron		
	3) Heiler, Dustin	4) Rameriz, Victor		
8	Saginaw Valley 'A'		3:28.16	2
	1) Grob, Tyler	2) Richards, Charlie		
	3) Arnold, Josh	4) Chevalier, Scott		
9	Grand Valley St. 'C'		3:29.09	3
	1) Parnell, Xavier	2) Vallar, Marcus		
	3) Brown, Ryan	4) Faulk, Jovon		
10	St. Francis (Ill.) 'A'		3:29.41	2
	1) Froelich, Wayland	2) Kapolnek, Dan		

3) Yost, Adam	4) Hageman, Sam	3:29.80	3
11 Calvin 'A'	1) Stroner, Brad		
	3) Mc Elheny, Daniel		
12 Spring Arbor 'A'	2) Ramthun, Kyle	3:29.88	2
	4) Sterchi, Carson		
1) Silecchia, Joe			
3) Gray, Dewayne	2) Koppelman, Brock		
13 Tiffin 'B'	4) Gangloff, Tyler	3:30.55	3
1) Miles, Stephen			
3) Buckwalter, Jacob	2) Watts, Sylvester		
14 Tiffin 'D'	4) Frey, Alex	3:32.10	4
1) Powell, Donovan			
3) Allen, Antoine	2) Newton, Joey		
15 Windsor ON 'C'	4) Selfe, Jordan	3:33.27	2
1) Zidar, Jonathan			
3) Vosburg, Joel	2) Falk, Nick		
16 Bethel (Ind.) 'B'	4) Proctor, Ben	3:34.33	4
1) Maree, Talal			
3) Lewis, Calvin	2) Oloomi, Jordan		
17 Olivet Nazarene 'A'	4) Patrick, Arron	3:34.95	3
1) Ticknor, Nathan			
3) Fay, Ben	2) DeFries, Matthew		
18 Tiffin 'C'	4) Powers, Thomas	3:35.55	3
1) Buckwalter, Jacob			
3) Garcia, Logan	2) Candito, Joe		
19 Saginaw Valley 'B'	4) Toran, Bryon	3:36.60	4
1) Sullins, Calvin			
3) Hanna, John	2) Stone, Derek		
20 Ferris State 'A'	4) Opalewski, Trevor	3:38.88	4
1) Volk, Dan			
3) Chute, Ryan	2) Bartlett, Derrick		
21 Alma 'B'	4) Mangieri, Michael	3:40.00	5
1) Deja, Matt			
3) Plisko, Eric	2) Buchholz, Brent		
22 Olivet Nazarene 'B'	4) Niederstadt, Cory	3:42.40	5
1) Kearney, Matthew			
3) Smith, Colton	2) Mizeur, Nicholas		
22 Spring Arbor 'B'	4) Armstead, Justin	3:42.40	5
1) Boone, Jacob			
3) Gearhart, Michael	2) Lane, Steve		
24 St. Francis (Ill.) 'B'	4) Busch, Bryan	3:43.54	6
1) Carmona, Jorge			
3) McDowell, Ian	2) Leone, Vincenzo		
25 Alma 'A'	4) Smith, Sean	3:44.40	5
1) Merlo, Joe			
3) Cline, Jarred	2) Carranza, Xavier		
26 St. Francis (Ill.) 'D'	4) Curth, Dane	3:47.52	6
1) Topp, Mike			
3) Stringham, Arthur	2) O'Neal, Ronald		
27 St. Francis (Ill.) 'C'	4) Teach, JP	3:57.80	6
1) Howard, Trevor			
3) Rizzo, Phil	2) Laskowski, Dan		
28 Alma 'C'	4) Stadter, Eric	3:59.56	6
1) Bremer, Mike			
3) Caverly, Zachary	2) Gwizdala, John		
	4) Fowler, Justin		

#### Men High Jump

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NCAA Auot:	A	2.11m	
NCAA Prov:	P	2.04m	
LTB:	L	2.11m	2/20/2009 Nate Miller, Grand Valley State
GVSU:	G	2.15m	2000 Jeremy Pearson
Name	Year	School	Finals
=====			
1	Miller, Nate	Grand Valley	2.05mP 6-08.75
2	Boettcher, Staffan	Spring Arbor	2.00m 6-06.75
3	Fletcher, Tim	Indiana Tech	1.95m 6-04.75
4	LeFlore, Travis	Tiffin	J1.95m 6-04.75
5	Maag, Eric	Tiffin	1.90m 6-02.75
6	Gibbons, John	Unat-Grand V	J1.90m 6-02.75
7	Helminiak, Ryan	Aquinas	J1.90m 6-02.75
7	Iott, John	Grand Valley	J1.90m 6-02.75
9	Dandie, Andrew	Windsor ON	1.85m 6-00.75
9	Army, David	Indiana Tech	1.85m 6-00.75
11	Swain, Garrett	Aquinas	1.80m 5-10.75
12	Farley, Brad	Aquinas	J1.80m 5-10.75
13	Antor, Peter	Grand Valley	1.75m 5-08.75
14	Sinclair, Dewey	Grand Valley	1.60m 5-03.00
--	Dandie, Anthony	Windsor ON	NH
--	Snyder, Dan	Tiffin	NH
--	Allen, Antoine	Tiffin	NH

-- Rottman, Caleb	Calvin	NH
-- Opalewski, Trevor	Saginaw Vall	NH
-- Flick, Ethan	Bethel (Ind.	NH
-- Fowler, Justin	Alma	NH
-- Koppelman, Brock	Spring Arbor	NH
-- Sullins, Calvin	Saginaw Vall	NH

### Men Pole Vault

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=====
NCAA Auot: A 5.05m
NCAA Prov: P 4.80m
      LTB: L 5.37m  2/13/2009  Mark Hollis, Unattached
      GVSU: G 5.33m  2007      Bryant Wilson
Name          Year School          Finals
=====
 1 Hollis, Mark          Unattached          5.40mL  17-08.50
 2 Wilson, Bryant       Long Lake At       5.10mA  16-08.75
 3 Reiter, Keith        Unattached         4.95mP  16-02.75
 4 Gordeneer, Matt     Grand Valley       4.65m   15-03.00
 4 Miller, Lee          Tiffin            4.65m   15-03.00
 4 Dennis, Quinton     Grand Valley       4.65m   15-03.00
 7 DiNardo, Kevin      Unattached         4.60m   15-01.00
 8 Rogers, Jeremy       Spring Arbor       4.50m   14-09.00
 8 Leland, Kevin        Grand Valley       4.50m   14-09.00
 8 Burns, Greg          Ferris State       4.50m   14-09.00
11 Payne, Kyle          Alma              4.35m   14-03.25
11 Snyder, Dan          Tiffin            4.35m   14-03.25
11 Vukasovic, Jeff     Windsor ON        4.35m   14-03.25
11 Fisher, Travis      Grand Valley       4.35m   14-03.25
15 Bruckner, Danny     St. Francis       4.20m   13-09.25
15 Grob, Tyler          Saginaw Vall      4.20m   13-09.25
15 Antor, Peter        Grand Valley       4.20m   13-09.25
15 Ladd, Chris          Indiana Tech      4.20m   13-09.25
19 Niederstadt, Cory   Alma              3.90m   12-09.50
19 Jaeschke, Joe       Calvin            3.90m   12-09.50
21 Bertram, Zach       Windsor ON        3.75m   12-03.50
22 Sinclair, Dewey     Grand Valley       3.60m   11-09.75
22 Frey, Scott          Bethel (Ind.)     3.60m   11-09.75
-- Allen, Antoine      Tiffin            NH
-- Trombley, Justin    Ferris State      NH
-- Chesley, Zachary    Grand Valley      NH
-- Garvan, Nathan      Alma              NH
-- Leppek, Joe         Ferris State      NH
-- Wilson, Elliot      Saginaw Vall      NH
-- Piper, Travis       Tiffin            NH
-- Hoff, Ryan          Indiana Tech      NH
-- Eller, Mike         Olivet Nazar      NH
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### Men Long Jump

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NCAA Auot: A 7.30m
NCAA Prov: P 7.08m
      LTB: L 7.45m  2/13/2009  Mandhla Mgijima, Western Kentucky
      GVSU: G 7.24m  2001      Brandon Womack
Name          Year School          Finals
=====
 1 Maierle, JW          Bethel (Ind.)     6.92m   22-08.50
 2 Boyd, Calon          Bethel (Ind.)     6.79m   22-03.50
 3 Chupp, Trent         Bethel (Ind.)     6.78m   22-03.00
 4 Allen, Antoine      Tiffin            6.76m   22-02.25
 5 Jackson, Caleb      Bethel (Ind.)     6.32m   20-09.00
 6 Swain, Garrett       Aquinas           6.27m   20-07.00
 7 Snyder, Dan          Tiffin            6.25m   20-06.25
 8 Kendro, Chris        Davenport         6.14m   20-01.75
 9 Johnson, Dustin     Aquinas           6.12m   20-01.00
10 Vanderlaan, Zack    Calvin            6.08m   19-11.50
11 Zedler, Ben          Spring Arbor      6.07m   19-11.00
12 Miles, Brandal      Olivet Nazar     J6.07m  19-11.00
13 Meyer, Brian         Unattached        6.05m   19-10.25
14 Dandie, Andrew      Windsor ON        6.01m   19-08.75
15 Gray, Alex          Calvin            6.00m   19-08.25
16 Opalewski, Trevor   Saginaw Vall     5.99m   19-08.00
17 Sinclair, Dewey     Grand Valley     5.90m   19-04.25
18 Froelich, Wayland   St. Francis      5.85m   19-02.50
19 Johnson, Justin     Spring Arbor     5.80m   19-00.50
20 Hageman, Sam        St. Francis      5.79m   19-00.00
21 Antor, Peter        Grand Valley     5.77m   18-11.25
22 DeJong, Nate        Calvin            5.75m   18-10.50
23 Lafrinere, John     Grand Valley     5.66m   18-07.00
24 Reynolds, Marcus    Olivet Nazar     5.64m   18-06.00
25 Fowler, Justin      Alma             5.24m   17-02.25
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26 Grob, Tyler	Saginaw Vall	5.05m	16-07.00
-- Thurlby, Nicholas	Unattached	ND	
-- Corsbie, Kent	Bethel (Ind.)	ND	
-- Calvo, Jairo	Aquinas	ND	
-- Ware, Justin	Tiffin	ND	
-- Post, Andrew	Grand Valley	ND	
-- Rademacher, Ryan	Grand Valley	ND	

Men Triple Jump

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NCAA Auot: A 15.20m  
 NCAA Prov: P 14.40m  
 LTB: L 14.73m 1/9/2009 Ken Hunt, Unattached  
 GVSU: G 14.54m 2003 Kirk Manchip

Name	Year	School	Finals	
1 Smith, Nathaniel		Grand Valley	13.74m	45-01.00
2 Metellus, Robert		Grand Valley	13.44m	44-01.25
3 Dandie, Anthony		Windsor ON	13.42m	44-00.50
4 Allen, Antoine		Tiffin	13.35m	43-09.75
5 Froelich, Wayland		St. Francis	13.21m	43-04.25
6 Jackson, Caleb		Bethel (Ind.)	12.96m	42-06.25
7 Miles, Brandal		Olivet Nazar	12.75m	41-10.00
8 Davis, CJ		Davenport	12.67m	41-07.00
9 Silecchia, Joe		Spring Arbor	12.29m	40-04.00
10 DeJong, Nate		Calvin	12.21m	40-00.75
11 Zedler, Ben		Spring Arbor	11.97m	39-03.25
12 Helminiak, Ryan		Aquinas	11.41m	37-05.25
-- Reynolds, Brandon		Unattached	ND	
-- Mathis, Nate		Aquinas	ND	
-- Johnson, Justin		Spring Arbor	ND	
-- Corsbie, Kent		Bethel (Ind.)	ND	

Men Shot Put

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NCAA Auot: A 17.40m  
 NCAA Prov: P 15.85m  
 LTB: L 18.30m 2/7/2009 Kurt Roberts, Ashland  
 GVSU: G 17.37m 2009 Alekas Abromavicius

Name	Year	School	Finals	
1 Hill, Zack		Unattached	18.11mA	59-05.00
2 Armstrong, Matt		Grand Valley	17.14mP	56-03.00
3 Stiffler, Donny		Grand Valley	16.16mP	53-00.25
4 Miller, Mike		Windsor ON	16.09mP	52-09.50
5 Eno, Kyle		Grand Valley	15.89mP	52-01.75
6 Evans, Ian		Grand Valley	15.38m	50-05.50
7 Reisinger, Joe		Olivet Nazar	15.09m	49-06.25
8 Clark, Aaron		Grand Valley	15.02m	49-03.50
9 Jackson, JJ		Bethel (Ind.)	14.85m	48-08.75
10 Keller, Chadd		Indiana Tech	14.50m	47-07.00
11 Dietzel, Kane		Saginaw Vall	14.33m	47-00.25
12 Tarrant, Devin		Aquinas	13.64m	44-09.00
13 Bloxam, Cole		Windsor ON	13.59m	44-07.00
14 Marquardt, Justin		Aquinas	13.33m	43-09.00
15 Washington, Melvin		Indiana Tech	13.28m	43-07.00
16 Stachowicz, Joe		Aquinas	13.13m	43-01.00
17 Croumlich, Robert		Olivet Nazar	12.97m	42-06.75
18 Bishop, Mike		Olivet Nazar	12.84m	42-01.50
19 Yike, Phil		Bethel (Ind.)	12.66m	41-06.50
20 Vandenburg, JJ		Ferris State	12.58m	41-03.25
21 Pettit, Tyler		Alma	12.48m	40-11.50
22 Barry, Josh		St. Francis	12.33m	40-05.50
23 Dekam, Nathan		Unat-Grand V	12.25m	40-02.25
24 Harrold, Corey		Tiffin	12.09m	39-08.00
25 Bott, Brian		Saginaw Vall	12.08m	39-07.75
26 Ward, Ben		Alma	12.04m	39-06.00
27 Ryerson, Mark		Indiana Tech	12.02m	39-05.25
28 Bushong, Alex		Tiffin	11.96m	39-03.00
29 Ellsworth, Adam		Alma	11.81m	38-09.00
30 Macek, Greg		St. Francis	11.65m	38-02.75
31 Marshall, Brent		Spring Arbor	11.64m	38-02.25
32 Snyder, Dan		Tiffin	11.34m	37-02.50
33 Still, Cory		Saginaw Vall	11.16m	36-07.50
34 Fielden, James		Tiffin	10.26m	33-08.00
35 Carlock, Ryan		Bethel (Ind.)	10.10m	33-01.75
36 Eilers, Jake		St. Francis	9.70m	31-10.00
-- Baker, Aaron		Indiana Tech	ND	
-- Deford, Mike		Alma	ND	

Men Weight Throw

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NCAA Auot: A 19.30m  
 NCAA Prov: P 17.50m  
 LTB: L 22.84m 2/6/2009 A.G. Kruger, Nike  
 GVSU: G 20.05m 2002 Jason VanElst

Name	Year	School	Finals	
1 Stiffler, Donny		Grand Valley	16.83m	55-02.75
2 Thomas, Kendall		Unattached	16.56m	54-04.00
3 Cogswell, Jason		Davenport	15.77m	51-09.00
4 Lipski, Clay		Grand Valley	15.73m	51-07.25
5 Bott, Brian		Saginaw Vall	15.61m	51-02.75
6 Tarrant, Devin		Aquinas	15.48m	50-09.50
7 Robinson, Ray		Tiffin	15.17m	49-09.25
8 Hill, Nolan		Tiffin	15.01m	49-03.00
9 Harrold, Corey		Tiffin	14.49m	47-06.50
10 Gorley, Andrew		Grand Valley	14.42m	47-03.75
11 Reisinger, Joe		Olivet Nazar	14.17m	46-06.00
12 Jackson, JJ		Bethel (Ind.	14.00m	45-11.25
13 Stachowicz, Joe		Aquinas	13.83m	45-04.50
14 Still, Cory		Saginaw Vall	13.79m	45-03.00
15 Havrilla, John		Tiffin	13.69m	44-11.00
16 Baker, Aaron		Indiana Tech	13.14m	43-01.50
17 Dekam, Nathan		Unat-Grand V	13.10m	42-11.75
18 Washington, Melvin		Indiana Tech	13.07m	42-10.75
19 Vandenburg, JJ		Ferris State	12.84m	42-01.50
20 Croumlich, Robert		Olivet Nazar	12.77m	41-10.75
21 Bishop, Mike		Olivet Nazar	12.65m	41-06.00
22 Carlock, Ryan		Bethel (Ind.	12.52m	41-01.00
23 Fielden, James		Tiffin	12.41m	40-08.75
24 Yike, Phil		Bethel (Ind.	11.73m	38-06.00
25 Marquardt, Justin		Aquinas	11.63m	38-02.00
26 Falk, Karl		Calvin	11.38m	37-04.00
27 Barry, Josh		St. Francis	11.04m	36-02.75
28 Mauris, Charles		Ferris State	10.98m	36-00.25
29 Eilers, Jake		St. Francis	10.02m	32-10.50
30 Bushong, Alex		Tiffin	9.80m	32-02.00
31 Macek, Greg		St. Francis	9.17m	30-01.00