

Licensed to Grand Valley State University
 HY-TEK's Meet Manager 2/18/2011 09:55 PM
 GVSU Tune-Up - 2/18/2011
 Grand Valley State University
 Allendale, Michigan
 Results

Event 3 Women 5000 Meter Run

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LakerTurfRec: L 16:25.82 12/17/2010 Monica Kinney, Grand Valley
 GVSURec: G 16:16.53 2007 Mandi Zemba
 NCAA Pro: P 17:32.30
 NCAA Auto: A 16:49.50

Name	Year	School	Finals
=====			
Finals			
1 Snelgrove, Jennifer		Unattached 1	18:17.93
2 DiPaolo, Amanda		Playmakers	18:25.36
3 Westveer, Samantha		Calvin	18:30.23
4 Hecker, Sharon		Hope	18:38.56
5 Green, Ellory		Unattached 1	18:48.54
6 Sikma, Karly		Hope	19:01.63
7 Busman, Meredith		Hope	19:09.75
8 Munoa, Elizabeth		Hope	19:26.85
9 Thren, Shelby		Unattached 1	19:51.10
10 Cholyway, Renee		St. Francis	19:57.52
11 Terbush, Paige		Unattached 1	20:10.50
12 Rhodes, Jessica		Playmakers	21:05.71
13 Knoll, Haley		Unattached 1	21:18.82

Event 4 Men 5000 Meter Run

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LakerTurfRec: L 14:11.08 2009 Daniel Kirwa, Harding
 GVSURec: G 14:07.24 2006 Nate Peck
 NCAA Pro: P 14:44.00
 NCAA Auto: A 14:06.10

Name	Year	School	Finals
=====			
1 Habtewold, Addis		Unattached 1	15:18.34
2 Rizzo, Phil		St. Francis	15:30.59
3 Pederson, Samuel		Hope	15:40.55
4 Risch, John		Unattached	15:43.42
5 Cahoon, Rick		Runners Elit	15:46.08
6 Slaughter, Kyle		Unattached 1	15:53.85
7 Fujioka, Nathan		Unattached	15:54.78
8 Rizzolo, Joey		Unattached 1	15:55.52
9 Spitz, Eric		Unattached 1	15:55.54
10 Kraay, Bruce		Hope	15:59.25
11 Poulsen, Alex		WMRC	16:13.06
12 Matuszak, Tommy		Unattached 1	16:16.53
13 Paas, Christopher		Unattached 1	16:19.20
14 Wieser, Ryan		Marian (Ind.	16:19.70
15 Jerome, Josh		Unattached	16:21.30
16 Frazier, Nate		Calvin	16:26.36
17 Brzybyla, Joe		WMRC	16:29.01
18 Smeltzer, Thomas		Hope	16:29.18
19 Burbatt, Tony		St. Francis	16:39.89

20	Mauney, Chris	Hope	16:46.13
21	Brosky, Nick	Unattached 1	16:51.82
22	Hull, Brent	Unattached	16:52.62
23	Wiersum, Andrew	Hope	16:53.70
24	Richardson, Jordan	Hope	16:55.41
25	Lewis, Timothy	Hope	16:58.08
26	Franklin, Andrew	Unattached 1	17:05.03
27	Scott, Jesse	WMRC	17:09.94
28	Prentice, Nick	Unattached	17:24.22
29	Ellison, Joshua	WMRC	17:26.07
30	Mireles, Kyle	Hope	17:29.36
31	Drinkard, Colin	Unattached	17:44.40
32	Gilbert, Ryan	Unattached 1	17:44.49
33	Bush, Jack	Hope	17:50.88
34	Dickey, Dave	St. Francis	18:00.13
35	Ringel, Matthew	Hope	18:41.20
--	Gose, Gareth	Unattached 1	DNF

Event 5 Women 60 Meter Hurdles

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LakerTurfRec: L 8.16 2010 Tiffany Ofili, Adidas
 GVSURec: G 8.29 2009 Candice Wheat
 NCAA Pro: P 8.95
 NCAA Auto: A 8.46

Name	Year	School	Prelims	H#
=====				
Preliminaries				
1		Michigan Sta	P 8.57q	2
2		Grand Valley	8.97q	2
3		Grand Valley	8.98q	2
4		Hillsdale	9.19q	2
5		Grand Valley	9.61q	2
6		Hillsdale	9.64q	1
7		Marian (Ind.	9.84q	1
8		Marian (Ind.	10.00q	1
9		Hope	10.01q	2
10		Hope	10.19q	1
11		Hope	10.23q	1
12		Hope	10.43q	1
13		Hope	10.76q	1
14		Adrian	10.92q	2
15		Ferris State	10.94q	1
16		St. Francis	11.89q	2
17		Marian (Ind.	12.00q	2

Event 5 Women 60 Meter Hurdles

=====

LakerTurfRec: L 8.16 2010 Tiffany Ofili, Adidas
 GVSURec: G 8.29 2009 Candice Wheat
 NCAA Pro: P 8.95
 NCAA Auto: A 8.46

Name	Year	School	Finals	H#
=====				
Finals				
1		Michigan Sta	8.40A	1
2		Grand Valley	8.85P	1
3		Grand Valley	8.93P	1

4	Kring, Taylor	Hillsdale	9.14	1
5	Pittman, Katelyn	Grand Valley	9.62	1
6	Venlet, Sarah	Hope	9.74	1
6	Schambers, Jaymee	Marian (Ind.)	9.74	1
8	Gase, Jaunna	Hillsdale	9.78	1
9	Karwath, Miriam	Marian (Ind.)	10.02	1
10	Kirsch, Jacqueline	Hope	10.58	2
11	Calyore, Catherine	Hope	10.61	2
12	Dvorak, Erika	Hope	10.68	2
13	Reed, Alesha	Ferris State	11.17	2
14	Dossey, Jacquelyn	Marian (Ind.)	11.61	2
15	Eickholtz, Elizabeth	St. Francis	11.80	2
Preliminaries				
10	Vandeguchte, Kara	Hope		
14	Wysong, Ashton	Adrian		

Event 6 Men 60 Meter Hurdles

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LakerTurfRec: L 7.79 1/14/2011 Jeff Porter, Unattached
 GVSURec: G 8.02 2007 Garron Lucius
 NCAA Pro: P 8.25
 NCAA Auto: A 7.97

Name	Year	School	Prelims	H#
1		Maxey, Taylor	Marian (Ind.)	8.43q 1
2		Brown, Ryan	Grand Valley	8.53q 2
3		Rinck, Nicholas	Hope	8.56q 3
4		Alexander, Jacob	Grand Valley	8.58q 2
5		Jones, Maurice	Hillsdale	8.64q 3
6		Fawley, Justin	Hillsdale	8.69q 3
7		Walch, Kyle	Ferris State	8.82q 3
8		Raffin, Matt	Hillsdale	8.83q 1
9		Murphy, Elliot	Hillsdale	8.90q 3
10		Giarmo, Christopher	Adrian	8.93q 3
11		Hurst, Deonte	Grand Valley	8.95q 2
12		Conde, Emile	Marian (Ind.)	9.11q 3
13		Orr, Corbin	St. Francis	9.20q 1
14		Aures, Colby	Adrian	9.49q 1
15		Walters, Brandon	Adrian	9.96q 2
16		Dolfin, David	Hope	10.06q 2
17		Bia, Nathaniel	Calvin	10.30q 2
18		Lunn, Brian	Adrian	10.41q 2

Event 6 Men 60 Meter Hurdles

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LakerTurfRec: L 7.79 1/14/2011 Jeff Porter, Unattached
 GVSURec: G 8.02 2007 Garron Lucius
 NCAA Pro: P 8.25
 NCAA Auto: A 7.97

Name	Year	School	Finals	H#
=====				
Finals				
1		Maxey, Taylor	Marian (Ind.)	8.34 1
2		Alexander, Jacob	Grand Valley	8.50 1
3		Fawley, Justin	Hillsdale	8.52 1
4		Brown, Ryan	Grand Valley	8.53 1
5		Rinck, Nicholas	Hope	8.64 1

6	Jones, Maurice	Hillsdale	8.73	1
7	Raffin, Matt	Hillsdale	8.81	1
8	Walch, Kyle	Ferris State	8.88	1
9	Orr, Corbin	St. Francis	8.89	2
9	Hurst, Deonte	Grand Valley	8.89	2
11	Giarmo, Christopher	Adrian	8.97	2
12	Murphy, Elliot	Hillsdale	9.01	1
13	Dolphin, David	Hope	9.91	2
14	Lunn, Brian	Adrian	10.35	2
15	Walters, Brandon	Adrian	11.16	2
16	Aures, Colby	Adrian	12.10	2
Preliminaries				
12	Conde, Emile	Marian (Ind.		
17	Bia, Nathaniel	Calvin		

Event 7 Women 60 Meter Dash

LakerTurfRec: L	7.48	2011	Erica Mann, Michigan State	
GVSURec: G	7.50	2002	Icis Charles	
NCAA Pro: P	7.75			
NCAA Auto: A	7.45			
Name		Year	School	Prelims H#
1	Addison, Kayla		Unagv	7.86q 4
2	Jackson, Brittney		Grand Valley	7.90q 2
3	Lantz, Autumn		Grand Valley	7.93q 1
4	Lemanski, Aileen		Grand Valley	7.99q 4
5	Cansino, Circe		Hillsdale	8.02q 3
6	Triner, Amber		Grand Valley	8.07q 4
6	Horne, Brooke		Grand Valley	8.07q 5
8	Heyne, Chelsea		Grand Valley	8.09q 5
9	Butler, Tasia		Unagv	8.10q 1
10	Nyberg, Rachel		Hillsdale	8.16q 3
11	Benjamin, Erin		Hillsdale	8.18q 1
12	Sellers, Kelsea		Adrian	8.21q 2
13	Busscher, Julie		Calvin	8.30q 4
14	Mays, Jasmine		Hillsdale	8.31q 5
15	Holwerda, Olivia		Grand Valley	8.32q 2
16	Bennett, Stephanie		Calvin	8.35q 3
16	Zeppa, Rachel		Unagv	8.35q 3
18	Stouder, Casey		Marian (Ind.	8.49q 3
19	White, Catherine		Hope	8.55 3
20	Schwark, Caitlin		Hope	8.56 4
21	Cephas, Ashley		Unagv	8.57 5
22	Sager, Vanessa		St. Francis	8.63 2
23	Khenenou, Sabrina		Adrian	8.67 1
24	Langermann, Kristen		Adrian	8.68 2
25	Svorinic, Nicole		Marian (Ind.	8.69 1
26	Metcalf, Jamie		Adrian	8.73 1
27	Wissner, Zoann		Hope	8.74 5
28	Pridgeon, Tessa		Calvin	8.80 4
29	Paige, Karolin		Adrian	8.81 4
30	English, Laura		Hope	8.84 5
31	Hacker, Courtney		Hope	8.86 3
32	Glomski, Kaitlin		Hope	8.87 3
33	Sager, Julie		Adrian	8.94 1
34	Saffran, Lauren		St. Francis	8.96 5

35	Rivera, Caitlin	Hope	9.17	4
36	Eickholtz, Elizabeth	St. Francis	9.18	2

Event 7 Women 60 Meter Dash

LakerTurfRec: L	7.48	2011	Erica Mann, Michigan State
GVSURec: G	7.50	2002	Icis Charles
NCAA Pro: P	7.75		
NCAA Auto: A	7.45		

Name	Year	School	Finals	H#
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Finals

1	Addison, Kayla	Unagv	7.74P	1
2	Jackson, Brittney	Grand Valley	7.77	1
3	Cansino, Circe	Hillsdale	7.89	1
4	Horne, Brooke	Grand Valley	7.95	1
4	Lantz, Autumn	Grand Valley	7.95	1
6	Lemanski, Aileen	Grand Valley	8.00	1
7	Triner, Amber	Grand Valley	8.03	1
8	Heyne, Chelsea	Grand Valley	8.05	1
9	Sellers, Kelsea	Adrian	8.12	2
10	Nyberg, Rachel	Hillsdale	8.14	2
11	Holwerda, Olivia	Grand Valley	8.18	2
12	Busscher, Julie	Calvin	8.19	2
13	Benjamin, Erin	Hillsdale	8.25	2
14	Butler, Tasia	Unagv	8.28	1
15	Zeppa, Rachel	Unagv	8.34	2
16	Stouder, Casey	Marian (Ind.)	8.46	2

Preliminaries

14	Mays, Jasmine	Hillsdale
16	Bennett, Stephanie	Calvin
19	White, Catherine	Hope
20	Schwark, Caitlin	Hope
21	Cephas, Ashley	Unagv
22	Sager, Vanessa	St. Francis
23	Khenenou, Sabrina	Adrian
24	Langermann, Kristen	Adrian
25	Svorinic, Nicole	Marian (Ind.)
26	Metcalf, Jamie	Adrian
27	Wissner, Zoann	Hope
28	Pridgeon, Tessa	Calvin
29	Paige, Karolin	Adrian
30	English, Laura	Hope
31	Hacker, Courtney	Hope
32	Glomski, Kaitlin	Hope
33	Sager, Julie	Adrian
34	Saffran, Lauren	St. Francis
35	Rivera, Caitlin	Hope
36	Eickholtz, Elizabeth	St. Francis

Event 8 Men 60 Meter Dash

LakerTurfRec: L 6.62 2010 Adam Harris, Unattached
 GVSURec: G 6.83 2002 Scott Mackey
 NCAA Pro: P 6.88
 NCAA Auto: A 6.75

Name	Year	School	Prelims	H#
1 Matak, Dustin		Hillsdale	7.08q	2
2 Hammersmith, Nathaniel		Grand Valley	7.09q	3
3 Parnell, Xavier		Grand Valley	7.10q	4
4 VanDriel, Brandon		Unattached	7.13q	5
5 Faulk, Jovon		Grand Valley	7.14q	6
6 Govan, Ryan		Grand Valley	7.17q	1
7 Randolph, Ryan		Unattached	7.23q	1
8 Bareman, Michael		Grand Valley	7.24q	6
9 Brown, Clifford		Marian (Ind.	7.24q	3
10 Vallar, Marcus		Grand Valley	7.25q	4
11 Shoup, Logan		Hillsdale	7.26q	3
12 Hurrell, Jacob		Hope	7.26q	6
13 VanderVeen, Kyle		Hope	7.27q	4
14 Holthouse, Carter		Calvin	7.29q	4
15 Beverly-Smith, Taishon		Unattached 1	7.30q	2
16 Parrish, Eric		Grand Valley	7.30q	5
17 Shaw, Michael		Hillsdale	7.31q	5
18 Kaplan, Jeremy		St. Francis	7.34q	2
19 Brown, Hayden		Unagv	7.34	4
20 Pike, Brian		Grand Valley	7.35	6
21 Wielard, Clay		Calvin	7.35	1
22 Cameron, Alex		Adrian	7.36	1
23 Schofield, Andrew		Hope	7.37	3
24 Lyons, Tom		Unattached	7.38	2
25 Waidelich, Garrett		Adrian	7.41	3
26 Atkins, Gary		Ferris State	7.42	4
27 Smith, Zach		Adrian	7.43	5
28 Soisson, Mark		Hope	7.45	2
29 Paige, Terrance		Calvin	7.47	5
30 Baldwin, Michael		Ferris State	7.48	1
31 Patilla, JaQuan		Marian (Ind.	7.53	6
32 Kremers, Justin		Calvin	7.58	5
33 Huffman, Ryan		Calvin	7.59	2
34 Oluwasegun, Oyesile		Calvin	7.59	2
35 Kreichel, Andrew		Hope	7.60	5
36 Cruz, Thomas		Marian (Ind.	7.63	3
37 Lundgren, David		Hillsdale	7.67	4
38 Hammel, Carey		Unattached	7.67	1
39 Kimball, Christopher		Adrian	7.71	3
40 Winters, David		Hope	7.80	6
41 Grimm, Dane		Adrian	7.84	3
42 Chie, Jereme		Adrian	7.85	2
43 Chavis, Kyle		Marian (Ind.	7.99	5
44 Adams, Josh		Marian (Ind.	8.33	4

Event 8 Men 60 Meter Dash

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LakerTurfRec: L 6.62 2010 Adam Harris, Unattached
 GVSURec: G 6.83 2002 Scott Mackey
 NCAA Pro: P 6.88
 NCAA Auto: A 6.75

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Name	Year	School	Finals	H#
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Finals

1	Matak, Dustin	Hillsdale	7.03	1
2	Hammersmith, Nathaniel	Grand Valley	7.07	1
2	Parnell, Xavier	Grand Valley	7.07	1
4	Faulk, Jovon	Grand Valley	7.10	1
5	VanDriel, Brandon	Unattached	7.11	1
6	Randolph, Ryan	Unattached	7.16	1
7	Parrish, Eric	Grand Valley	7.17	2
8	Beverly-Smith, Taishon	Unattached 1	7.18	2
9	Hurrell, Jacob	Hope	7.19	2
9	Brown, Clifford	Marian (Ind.	7.19	1
11	Shoup, Logan	Hillsdale	7.20	2
11	Govan, Ryan	Grand Valley	7.20	1
13	Vallar, Marcus	Grand Valley	7.23	2
14	Holthouse, Carter	Calvin	7.26	2
15	VanderVeen, Kyle	Hope	7.27	2
16	Shaw, Michael	Hillsdale	7.32	2
17	Kaplan, Jeremy	St. Francis	7.36	2

Preliminaries

8	Bareman, Michael	Grand Valley
19	Brown, Hayden	Unagv
20	Pike, Brian	Grand Valley
21	Wielard, Clay	Calvin
22	Cameron, Alex	Adrian
23	Schofield, Andrew	Hope
24	Lyons, Tom	Unattached
25	Waidelich, Garrett	Adrian
26	Atkins, Gary	Ferris State
27	Smith, Zach	Adrian
28	Soisson, Mark	Hope
29	Paige, Terrance	Calvin
30	Baldwin, Michael	Ferris State
31	Patilla, JaQuan	Marian (Ind.
32	Kremers, Justin	Calvin
33	Huffman, Ryan	Calvin
34	Oluwasegun, Oyesile	Calvin
35	Kreichelt, Andrew	Hope
36	Cruz, Thomas	Marian (Ind.
37	Lundgren, David	Hillsdale
38	Hammel, Carey	Unattached
39	Kimball, Christopher	Adrian
40	Winters, David	Hope
41	Grimm, Dane	Adrian
42	Chie, Jereme	Adrian
43	Chavis, Kyle	Marian (Ind.
44	Adams, Josh	Marian (Ind.

Event 9 Women 1 Mile Run

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LakerTurfRec: L 4:40.91 2009 Lisa Senakiewich, Michigan State
 GVSURec: G 4:43.24 2011 Monica Kinney
 NCAA Pro: P 5:01.60
 NCAA Auto: A 4:50.80

Name	Year	School	Finals
=====			
Finals			
1 Winchester, Rebecca		Grand Valley	4:54.32P
2 Creutz, Eileen		Grand Valley	4:54.72P
3 Johnson, Samantha		Ferris State	4:55.85P
4 O'Connor, Leah		Unattached	4:55.97P
5 Nowak, Julia		Grand Valley	4:58.03P
6 Whowell, Amanda		Grand Valley	5:01.25P
7 Burnett, Lisa		Unattached	5:04.62
8 Osborn, Hannah		Unagv	5:08.50
9 Crowley, Kelly		Grand Valley	5:10.70
10 Kasabian-Larson, Sarah		Unattached	5:12.16
11 Hamilton, Ashley		Unattached 1	5:12.77
12 Ovokaitys, Breeann		Ferris State	5:14.14
13 Cortright, Remme		Grand Valley	5:15.59
14 Burgess, Lori		Grand Valley	5:16.41
15 TenKate, Melissa		Hillsdale	5:17.71
16 McCormack, Sheri		Hope	5:19.39
17 Emmanuel, Salome		Hope	5:20.09
18 Lufkin, Kelly		Hope	5:22.56
19 McCardel, Morgan		Hope	5:23.24
20 Frasier, Francesca		Hillsdale	5:23.34
21 Borst, Camille		Hope	5:23.68
22 Smith, Randi		Unattached 1	5:23.80
23 McCaffrey, Victoria		Hillsdale	5:23.93
24 McAllister, Brittany		St. Francis	5:25.57
25 Knoll, Taylor		Unattached 1	5:28.47
26 O'Brien, Gina		Hope	5:34.25
27 Hartley, Christine		Calvin	5:34.82
28 Beukema, Andrea		Calvin	5:35.43
29 Fischer, Emily		Hope	5:37.30
30 Mallonee, Torin		St. Francis	5:42.86
31 Josey, Megan		Ferris State	5:45.42
32 Mattarella, Taylor		Hope	5:45.85
33 Przybylek, Haleigh		Ferris State	5:48.99
34 Roe, Lexi		Unattached 1	5:49.81
35 Steers, Ashley		Unattached 1	5:50.34
36 Martin, Kathleen		Hope	5:50.92
37 Holicki, Chelsea		Hope	5:51.68
38 Souva, Angie		Adrian	5:59.59
39 Venema, Sylvia		Adrian	5:59.63
40 Pifer, Ashley		Unattached 1	6:00.78
41 Ebersole, Grace		Adrian	6:02.50
42 Prysock, Aundrea		St. Francis	6:03.42
43 Walsh, Samantha		Marian (Ind.	6:19.13
44 Droppers, Nina		Hope	6:22.63
45 Gaynor, Alicia		Unattached 1	6:26.68
46 Gillespie, Brittany		Marian (Ind.	6:26.96

Event 10 Men 1 Mile Run

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LakerTurfRec: L 4:02.42 2010 Lex Williams, Unattached
 GVSURec: G 4:07.55 2006 Nate Peck
 NCAA Pro: P 4:12.60
 NCAA Auto: A 4:05.50

Name	Year	School	Finals
1 Hardt, Sherod		Unattached	4:11.14P
2 Wilson, Alex		Unattached	4:11.82P
3 Nyang, Simon		Grand Valley	4:12.65
4 Madrigal, David		Unattached	4:14.51
5 Bojanov, Emil		Unattached	4:14.52
6 Wysong, Jeff		Hillsdale	4:16.00
7 burnett, clay		Unattached	4:16.28
8 Ripley, Zach		Playmakers	4:16.57
9 Love, Nathan		Hope	4:17.54
10 Veitenheimer, Drake		Unattached	4:17.96
11 Secor, Jacob		Hillsdale	4:18.14
12 Pulley, Bryce		Unagv	4:18.74
13 Ramirez, Victor		Unagv	4:21.16
14 Mckeachie, Andrew		Hope	4:21.43
15 Krauss, Steve		Unagv	4:22.36
16 Bassett, Jeff		Grand Valley	4:24.62
17 Howard, Trevor		St. Francis	4:25.01
18 Gibbons, Mike		Grand Valley	4:28.05
19 Lahner, Michael		Unattached 1	4:29.26
20 Schuck, Nick		Calvin	4:30.12
21 Rogers, James		Hope	4:31.76
22 Hewitt, William		Hope	4:34.37
23 LaRowe, Connor		Ferris State	4:36.23
24 Bartlett, Derrick		Ferris State	4:37.16
25 Harper, Andrew		Ferris State	4:37.62
26 Noack, Neil		Unattached 1	4:38.83
27 Mack, Kyle		Adrian	4:39.51
28 Topp, Mike		St. Francis	4:41.15
29 Whitmer, Caleb		Hillsdale	4:42.35
30 Weedon, Tyler		Ferris State	4:43.82
31 Rogoszewski, Erik		Unattached 1	4:44.39
32 Shoulders, Brian		Adrian	4:44.73
33 Mangiapane, Andrew		Adrian	4:46.03
34 Govier, Greg		Adrian	4:46.70
35 Cook, Rollin		Hope	4:46.87
36 Konieczki, Peter		Adrian	4:47.32
36 Wieser, Ryan		Marian (Ind.	4:47.32
38 Hernandez, Brian		Hope	4:48.29
39 Burt, Jacob		Adrian	4:50.12
40 Hord, Jake		Unattached 1	4:50.59
41 Fineout, Ben		Hope	4:50.75
42 Barry, Kevin		Unattached 1	4:50.90
43 King, Casey		Unattached 1	4:58.54
44 Gonzalez, Erik		Hope	5:00.83
45 Wangari, James		Marian (Ind.	5:01.60
46 Kilpatrick, Eric		Adrian	5:03.18
47 Doornbos, Eric		Calvin	5:06.58
48 Mabry, Travis		Unattached	5:24.11
49 Achterhof, John		Unattached	5:25.98

-- Gillespie, Nolan	Adrian	DNF
-- Rogotzke, Cyle	Adrian	DNF
-- May, Brett	Hope	DNF

Event 11 Women 400 Meter Dash

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LakerTurfRec: L 53.19 2011      Valerie Brown, Unattached
      GVSURec: G 55.46 2010      Kayla Vallar
      NCAA Pro: P 57.40
      NCAA Auto: A 55.10
Name                Year School                Finals  H#
=====
 1 Vallar, Kayla      Grand Valley                56.49P  1
 2 Caldwell, Chanelle Grand Valley                56.96P  1
 3 Hohmann, Zoey      Ferris State                57.24P  1
 4 Beach, Maria        Unattached                  59.15   1
 5 Wackernagel, Chelsea Unattached                 1:01.10  2
 6 Al- Nasrallah, Dana Unattached                 1:01.54  2
 7 Caywood, Becky     Hillsdale                   1:01.56  1
 8 Breen, Emma         Grand Valley                 1:01.66  2
 9 Osika, Alyssa       Ferris State                 1:02.15  2
10 Carlson, Katie     Hope                        1:02.95  3
11 Walker, Amy        Marian (Ind.)               1:03.14  3
12 Janutol, Shelby    Ferris State                1:03.51  3
13 Calyore, Catherine Hope                        1:04.21  3
14 Egenolf, Megan     Marian (Ind.)               1:05.45  4
15 Murphy, Alivia     Adrian                     1:05.76  4
16 Mulder, Courtney   Hope                        1:07.04  4
17 Streelman, Emily   Hope                        1:07.15  3
18 Dvorak, Erika      Hope                        1:08.83  4
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Event 12 Men 400 Meter Dash

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LakerTurfRec: L 47.37 2010      Sammy Biggs, Southern Illinois
      GVSURec: G 48.29 2007      Mackenzie Lucius
      NCAA Pro: P 48.75
      NCAA Auto: A 47.40
Name                Year School                Finals  H#
=====
 1 Michael, Keenan    Unattached                  48.55P  1
 2 Erickson, Jacob    Unattached                  49.51   1
 3 Davis, Travarrio   Unattached 1                49.71   1
 4 Meier, Jared        Grand Valley                 50.52   2
 5 Green, Leroy        Unattached 1                 50.76   1
 6 VanDyke, Jared     Hillsdale                   50.86   3
 7 Allemon, Chad      Adrian                      51.02   2
 8 Finch, Michael     Hillsdale                   51.03   1
 9 Leone, Vincenzo    St. Francis                 51.11   3
10 Alexander, Anthony Unattached 1                 51.65   3
11 Stamps, Corey      Grand Valley                 51.82   2
12 Pike, Brian        Grand Valley                 51.94   3
13 Pavlish, Keith     Marian (Ind.)               53.25   4
14 Walters, Brandon   Adrian                      53.86   5
15 Kremers, Justin    Calvin                      54.31   5
16 Grimm, Dane        Adrian                      55.66   5
17 Roloff, William    Calvin                      55.70   5
18 Squires, Sean      Hope                        55.97   4
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Event 15 Women 800 Meter Run

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LakerTurfRec: L 2:03.79 2011 Rebecca Addison, Michigan
 GVSURec: G 2:05.75 2003 Steph Kuhlman
 NCAA Pro: P 2:15.90
 NCAA Auto: A 2:10.62

Name	Year	School	Finals
1 Shaffer, Jennifer		Hillsdale	2:14.85P
2 Scheiwe, Marta		Hillsdale	2:14.99P
3 Rodts, Madie		Grand Valley	2:15.33P
4 Johnson, Samantha		Ferris State	2:16.82
5 Fowler, Alicia		Adrian	2:17.24
6 Tepper, Danielle		Grand Valley	2:18.28
7 Halford, Hilary		St. Francis	2:20.26
8 Tuuk, Alison		Calvin	2:20.40
9 Butler, Olivia		Calvin	2:21.66
10 Osborn, Hannah		Unagv	2:21.94
11 Fletcher, Kristen		Calvin	2:23.26
12 Emmanuel, Salome		Hope	2:26.01
13 Suttman, Erin		St. Francis	2:28.59
14 Gobrogge, Katrina		Hope	2:28.93
15 Brown, Meg		Unagv	2:29.03
16 Olsen, Kathryn		Hope	2:29.28
17 Morman, Rachel		St. Francis	2:30.72
18 Mira, Alyssa		Unagv	2:32.33
19 Mewes, Heather		Hillsdale	2:33.90
20 Topp, Jamie		St. Francis	2:35.84
21 Madden, Courtney		St. Francis	2:36.34
22 Schab, Amanda		Hope	2:36.84
23 Ambrose, Alyssa		Hope	2:38.39
24 Mata, Chelsea		Adrian	2:38.56
25 Prether, Lindsey		Unattached 1	2:39.17
26 Jepkosgei, Miriam		St. Francis	2:39.88
27 Bond, Samantha		St. Francis	2:39.93
28 Marnati, Ayumi		St. Francis	2:40.08
29 Froelich, Aprille		St. Francis	2:43.24
30 Walsh, Samantha		Marian (Ind.	2:44.80
31 Aloisio, Gina		St. Francis	2:44.95
32 Hacker, Lauren		Marian (Ind.	2:45.21
33 Gillespie, Brittany		Marian (Ind.	2:45.55
34 Souva, Angie		Adrian	2:48.86
35 Roberts, Staci		Marian (Ind.	2:56.69
36 Dossey, Jacquelyn		Marian (Ind.	3:06.85
-- Botham, Ashley		Grand Valley	DNF

Event 16 Men 800 Meter Run

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LakerTurfRec: L 1:48.97 2009 Shane Knoll, Michigan State
 GVSURec: G 1:50.74 2009 Todd Schuster
 NCAA Pro: P 1:53.60
 NCAA Auto: A 1:51.20

Name	Year	School	Finals
1 Cox, Isaac		Unattached	1:55.64

2	Brown, Austin	Grand Valley	1:55.80
3	Ferris, Jake	St. Francis	1:56.20
4	McKeiver, Jimmy	Grand Valley	1:56.53
5	Chute, Ryan	Ferris State	1:57.01
6	Wrobel, Alex	Calvin	1:57.34
7	Del Rosario, Carter	Unagv	1:57.84
8	Rietsema, Joel	Hope	1:57.88
9	Wilder, Brian	Grand Valley	1:58.04
10	McKeel, Scott	Grand Valley	1:58.31
11	Pulley, Bryce	Unagv	1:58.50
12	Ramirez, Victor	Unagv	1:58.53
13	Ripley, Zach	Playmakers	1:58.85
14	Bladecki, Alex	Ferris State	1:59.09
15	Wilk, Jeremy	Grand Valley	1:59.32
16	Dabney, Ricardo	Adrian	1:59.34
17	Gehrke, Ethan	Hillsdale	1:59.40
18	Snyder, Josh	Grand Valley	1:59.97
19	Krauss, Steve	Unagv	2:01.14
20	Murphy, Brian	Ferris State	2:01.97
21	Reyes, Dylan	St. Francis	2:02.50
22	Waanders, Gage	Ferris State	2:03.68
23	Stringham, Arthur	St. Francis	2:04.23
24	Mc Elheny, Daniel	Calvin	2:04.30
25	Hernandez, Brian	Hope	2:05.21
26	Wegert, William	Hillsdale	2:05.24
27	Dorvilier, Carlvin	Ferris State	2:05.76
28	Zemel, Shane	Hillsdale	2:05.81
29	Brock, Alex	Hope	2:05.82
30	Johnson, Garrett	Adrian	2:06.46
31	Heiler, Tucker	Unattached 1	2:06.88
32	Schriemer, Daniel	Hope	2:07.45
33	Henkel, Jesse	Hope	2:07.80
34	Harper, Andrew	Ferris State	2:08.08
35	Gonzalez, Erik	Hope	2:10.16
36	Scott, Blake	Hillsdale	2:10.31
37	Laskowski, Dan	St. Francis	2:10.76
38	Medez, Julius	St. Francis	2:11.64
39	Kapolnek, Dan	St. Francis	2:19.24
--	Fisher, Michael	Adrian	DNF

Event 17 Women 200 Meter Dash

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LakerTurfRec: L 24.02 2011 Valerie Brown, Unattached
 GVSURec: G 24.74 2001 Icis Charles
 NCAA Pro: P 25.10
 NCAA Auto: A 24.12

Name	Year	School	Finals	H#
1	Addison, Kayla	Unagv	25.84	1
2	Cansino, Circe	Hillsdale	26.10	1
3	Hohmann, Zoey	Ferris State	26.17	2
4	Chandler, Adrienne	Grand Valley	26.40	1
5	Galasso, Lisa	Grand Valley	26.56	1
6	Beach, Maria	Unattached	26.72	2
7	Heyne, Chelsea	Grand Valley	26.77	2
8	Mays, Jasmine	Hillsdale	26.90	3
9	Busscher, Julie	Calvin	26.95	4

10	Wackernagel, Chelsea	Unattached	27.17	3
11	Venlet, Sarah	Hope	27.22	3
12	Brown, Maria	Unagv	27.27	3
13	Bennett, Stephanie	Calvin	27.36	4
14	Holwerda, Olivia	Grand Valley	27.51	2
15	Sellers, Kelsea	Adrian	27.66	4
16	Al- Nasrallah, Dana	Unattached	27.99	5
17	Stouder, Casey	Marian (Ind.	28.04	6
18	Khenenou, Sabrina	Adrian	28.10	6
19	Svorinic, Nicole	Marian (Ind.	28.32	5
20	Schwark, Caitlin	Hope	28.67	5
21	Sager, Vanessa	St. Francis	28.88	5
22	Wissner, Zoann	Hope	28.99	3
23	Karwath, Miriam	Marian (Ind.	29.01	6
24	Metcalf, Jamie	Adrian	29.18	2
25	Banning, Hilary	Calvin	29.20	4
26	English, Laura	Hope	29.40	6
27	Sager, Julie	Adrian	29.59	6
28	Langermann, Kristen	Adrian	29.68	4
29	Glomski, Kaitlin	Hope	29.88	5
30	Hacker, Courtney	Hope	30.11	1
31	Kirsch, Jacqueline	Hope	30.21	3
32	Paige, Karolin	Adrian	30.57	1
33	Dvorak, Erika	Hope	31.12	5

Event 18 Men 200 Meter Dash

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LakerTurfRec: L 21.24 2009 Jeremy Orr, Michigan State
GVSURec: G 21.88 1999 Courtney Hill
NCAA Pro: P 21.80
NCAA Auto: A 21.36

Name	Year	School	Finals	H#
1	Michael, Keenan	Unattached	22.14	2
2	Green, Leroy	Unattached 1	22.36	2
3	Bareman, Michael	Grand Valley	22.43	2
4	Stroner, Brad	Unattached	22.48	2
5	VanDriel, Brandon	Unattached	22.49	1
6	Hoffman, Logan	Grand Valley	22.61	3
7	Randolph, Ryan	Unattached	22.82	3
8	Govan, Ryan	Grand Valley	22.83	3
8	Beverly-Smith, Taishon	Unattached 1	22.83	5
10	Brown, Hayden	Unagv	22.89	5
11	Nunez, Mickael	Hope	23.06	6
12	Parrish, Eric	Grand Valley	23.18	4
13	Alexander, Anthony	Unattached 1	23.19	6
13	Hurrell, Jacob	Hope	23.19	7
15	Holthouse, Carter	Calvin	23.24	6
16	Shaw, Michael	Hillsdale	23.31	3
17	Vallar, Marcus	Grand Valley	23.41	4
18	Lyons, Tom	Unattached	23.51	7
19	VanderVeen, Kyle	Hope	23.60	5
20	Waidelich, Garrett	Adrian	23.63	8
21	Atkins, Gary	Ferris State	23.77	8
22	Froelich, Wayland	St. Francis	23.84	7
23	Wielard, Clay	Calvin	23.92	8
24	Kreichelt, Andrew	Hope	24.03	10

25	Schofield, Andrew	Hope	24.16	7
26	Baldwin, Michael	Ferris State	24.29	4
27	Leone, Vincenzo	St. Francis	24.37	8
28	Patilla, JaQuan	Marian (Ind.)	24.42	1
29	Lundgren, David	Hillsdale	24.44	4
30	Morris, Trent	Adrian	24.83	10
31	Walch, Kyle	Ferris State	24.88	5
32	Conde, Emile	Marian (Ind.)	24.91	2
33	Cruz, Thomas	Marian (Ind.)	24.95	5
34	Hammel, Carey	Unattached	25.01	10
35	Chew, Aaron	Hope	25.09	10
36	Chie, Jereme	Adrian	25.10	6
37	Lunn, Brian	Adrian	25.32	8
38	Rumpz, Andrew	Ferris State	25.40	7
39	Chavis, Kyle	Marian (Ind.)	25.62	8
40	Adams, Josh	Marian (Ind.)	27.37	9
--	Erickson, Jacob	Unattached	DNF	1

Event 19 Women 3000 Meter Run

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LakerTurfRec: L 9:06.68 2009 Desiree Davilla, Hansons
 GVSURec: G 9:22.75 2011 Monica Kinney

Name	Year	School	Finals
1		Salisbury, Danielle	Unattached 10:04.73
2		Rudd, Anna	Ferris State 10:07.35
3		Osika, Alyssa	Ferris State 10:20.22
4		Nelson, Kate	Hope 10:21.81
5		Anderson, Brittany	Ferris State 10:24.36
6		Severson, Kelcie	Grand Valley 10:29.73
7		Ovokaitys, Breeann	Ferris State 10:30.61
8		Hoekstra, Jodie	Calvin 10:31.53
9		Braymer, Gretchen	Calvin 10:33.16
10		Diemer, Kaitlin	Calvin 10:38.70
11		Gryniewicz, Sarah	Grand Valley 10:41.40
12		Kort, Eva	Calvin 10:42.03
13		Young, Kelsey	Grand Valley 10:43.11
14		Wolter, Theresa	Grand Valley 10:45.13
15		Borst, Camille	Hope 10:48.26
16		Brewis, Courtney	Grand Valley 10:48.52
16		Slavens, Molly	Grand Valley 10:48.52
18		Belair, Kaylin	Unattached 1 10:48.76
19		Fischer, Emily	Hope 10:49.55
20		Dugan, Sarah	Grand Valley 10:49.89
21		Lufkin, Kelly	Hope 10:51.27
22		Alfaro-Gonzalez, Alex	Grand Valley 10:54.41
23		Janutol, Shelby	Ferris State 10:57.98
24		McGuire, Jordan	Unattached 11:00.75
25		Simon, Brooke	Unattached 1 11:15.92
26		Josey, Megan	Ferris State 11:32.90
27		Daniels, Jenna	Ferris State 11:34.26
28		Frost, Kerry	Hillsdale 11:39.48
29		Feenstra, Liz	Calvin 11:40.24
30		Gatto, Althea	St. Francis 11:43.53
31		Windom, Julia	Hope 11:45.64
32		Vandervelde, Katie	Ferris State 11:50.04
33		Killips, Kim	Unattached 1 11:57.38

34	Hamel, Logan	Adrian	12:06.35
35	Smith, Rachel	Adrian	12:14.01
36	Coronado, Petra	Unattached	12:14.90
37	Topp, Sarah	St. Francis	12:20.18
38	May, Nikki	Unattached 1	12:20.79
39	Roberts, Staci	Marian (Ind.)	12:31.44
40	Jackson, Jade	Unattached 1	12:38.25
41	Neuman, Laura	Marian (Ind.)	13:24.13

Event 20 Men 3000 Meter Run

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LakerTurfRec: L 7:56.12 2010 Lex Williams, Unattached
 GVSURec: G 8:15.84 2006 Nate Peck

Name	Year	School	Finals
1		Hillsdale	8:35.13
2		Grand Valley	8:42.15
3		Unagv	8:43.15
4		Hope	8:44.41
5		Grand Valley	8:45.67
6		Grand Valley	8:46.23
7		Ferris State	8:47.45
8		Ferris State	8:48.26
9		Grand Valley	8:51.00
10		Hope	8:52.78
11		Ferris State	8:54.26
12		Grand Valley	8:55.13
13		St. Francis	8:55.75
14		Ferris State	8:58.19
15		Grand Valley	8:58.83
16		Unagv	8:58.89
17		Grand Valley	9:09.07
18		Grand Valley	9:11.19
19		Calvin	9:11.24
20		Ferris State	9:11.82
21		Ferris State	9:13.76
22		Hope	9:16.63
23		Grand Valley	9:19.46
24		Unattached	9:21.09
25		Unattached 1	9:28.09
26		Marian (Ind.)	9:29.49
27		Hillsdale	9:36.33
28		Unattached 1	9:40.34
29		St. Francis	9:40.85
30		Unattached 1	9:43.44
31		St. Francis	9:45.31
32		Hope	9:45.86
33		St. Francis	9:47.42
34		St. Francis	9:52.35
35		St. Francis	9:58.18
36		Adrian	10:01.84
37		Unattached	10:20.16
38		Marian (Ind.)	10:20.78
39		Hope	10:27.06
--	VandeBunte, David	Calvin	DNF

Event 21 Women 4x400 Meter Relay

LakerTurfRec: L 3:39.51 2010 , Southern Illinois
 Shubert, Baron, Davis, Thompson
 GVSURec: G 3:43.77 2010
 Caldwell, Vallar, Fonseca, Wheat
 NCAA Pro: P 3:55.40
 NCAA Auto: A 3:44.00

School	Finals	H#
1 Grand Valley St. 'A'	3:54.19P	1
1) Pittman, Katelyn	2) Lemanski, Aileen	
3) Kober, Andrea	4) Hull, Jade	
2 Hillsdale 'A'	3:55.78	1
1) Scheiwe, Marta	2) Benjamin, Erin	
3) Caldwell, Kayla	4) Kring, Taylor	
3 Calvin 'A'	4:05.11	2
1) Busscher, Julie	2) Butler, Olivia	
3) Gabrielse, Jordan	4) Brase, Kaylea	
4 Hillsdale 'B'	4:14.71	2
1) Caywood, Becky	2) Mays, Jasmine	
3) Nyberg, Rachel	4) Mewes, Heather	
5 Unattached 1 'A'	4:17.56	2
1) Hamilton, Ashley	2) Green, Ellory	
3) Snelgrove, Jennifer	4) Belair, Kaylin	
6 Hope 'A'	4:18.91	2
1) Venlet, Sarah	2) Schwark, Caitlin	
3) Carlson, Katie	4) Vandeguchte, Kara	
6 Adrian 'A'	4:18.91	3
1) Fowler, Alicia	2) Mata, Chelsea	
3) Murphy, Alivia	4) Wysong, Ashton	
8 Hope 'B'	4:20.42	2
1) Olsen, Kathryn	2) Hecker, Sharon	
3) Calyore, Catherine	4) McCardel, Morgan	
9 St. Francis (Ill.) 'B'	4:23.00	1
1) Marnati, Ayumi	2) Jepkosgei, Miriam	
3) Froelich, Aprille	4) Hartman, Grace	
10 St. Francis (Ill.) 'A'	4:23.23	1
1) Halford, Hilary	2) Bond, Samantha	
3) Morman, Rachel	4) McAllister, Brittany	
11 Marian (Ind.) 'A'	4:23.80	3
1) Egenolf, Megan	2) Walker, Amy	
3) Shepherd, Adrienne	4) Chambers, Jaymee	
12 Unattached 1 'B'	4:29.56	3
1) Knoll, Taylor	2) Prether, Lindsey	
3) Roe, Lexi	4) Smith, Randi	
13 Hope 'C'	4:31.01	3
1) Mulder, Courtney	2) English, Laura	
3) Streelman, Emily	4) Gammon, Catie	
14 St. Francis (Ill.) 'C'	4:47.35	3
1) Madden, Courtney	2) Topp, Jamie	
3) Mallonee, Torin	4) Prysock, Aundrea	
15 St. Francis (Ill.) 'D'	5:05.79	3
1) Eickholtz, Elizabeth	2) Topp, Sarah	
3) Aloisio, Gina	4) Gatto, Althea	

Event 22 Men 4x400 Meter Relay

LakerTurfRec: L 3:09.59 2009 , Michigan State
 Orr, Hewlett, Ratomski, Smoot
 GVSURec: G 3:16.92 2009
 Makela, Lowe, Schuster, Rock

NCAA Pro: P 3:18.10
 NCAA Auto: A 3:11.70

School	Finals	H#
1 Grand Valley St. 'A'	3:17.65P	1
1) Teitsma, Chris	2) Hoffman, Logan	
3) Lowe, Eric	4) Mohamed, Mohamed	
2 Hillsdale 'A'	3:19.89	1
1) Jones, Maurice	2) Dooley, Skylar	
3) Smith, Richard	4) Finch, Michael	
3 Cornerstone 'A'	3:20.61	1
1) Perry, Spencer	2) Versen, Ryan	
3) Duerksen, Adam	4) Yeo, Zach	
4 Hope 'A'	3:23.89	1
1) Hurrell, Jacob	2) Barney, Elliott	
3) Rietsema, Joel	4) Rinck, Nicholas	
5 Adrian 'A'	3:24.80	2
1) Wielfaert, Aaron	2) Cameron, Alex	
3) Dabney, Ricardo	4) Allemon, Chad	
6 Grand Valley St. 'B'	3:24.91	1
1) Harris, Steaphon	2) Bareman, Michael	
3) Stamps, Corey	4) Hurst, Deonte	
7 Hillsdale 'B'	3:25.95	2
1) VanDyke, Jared	2) Fawley, Justin	
3) Gehrke, Ethan	4) Raffin, Matt	
8 Unattached 1 'A'	3:26.72	1
1) Green, Leroy	2) Hamilton, Jarrod	
3) Noack, Neil	4) Davis, Travarrrio	
9 Calvin 'B'	3:31.72	3
1) Mc Elheny, Daniel	2) Stuive, Josh	
3) Kremers, Justin	4) Davis, Jonathan	
10 Ferris State 'A'	3:34.68	3
1) Murphy, Brian	2) Dorvilier, Carlvin	
3) Waanders, Gage	4) Atkins, Gary	
11 St. Francis (Ill.) 'A'	3:35.43	3
1) Topp, Mike	2) Leone, Vincenzo	
3) Ferris, Jake	4) Teach, JP	
12 Ferris State 'B'	3:37.63	3
1) Bartlett, Derrick	2) Bladecki, Alex	
3) LaRowe, Connor	4) Weedon, Tyler	
13 Hope 'B'	3:37.64	2
1) Soisson, Mark	2) Lampkin, Cameron	
3) Kreichel, Andrew	4) Squires, Sean	
14 St. Francis (Ill.) 'B'	3:42.79	4
1) Froelich, Wayland	2) Medez, Julius	
3) Reyes, Dylan	4) Howard, Trevor	
15 Adrian 'B'	3:42.91	3
1) Walters, Brandon	2) Johnson, Garrett	
3) Grimm, Dane	4) Kimball, Christopher	
16 St. Francis (Ill.) 'C'	3:45.44	4
1) Kapolnek, Dan	2) Stringham, Arthur	

3) McDowell, Ian	4) Laskowski, Dan		
17 Unattached 1 'B'		3:47.97	3
1) Heiler, Tucker	2) Lahner, Michael		
3) Rogoszewski, Erik	4) King, Casey		
18 Adrian 'C'		3:48.02	4
1) Konieczki, Peter	2) Mack, Kyle		
3) Shoulders, Brian	4) Govier, Greg		
19 Hope 'C'		3:50.33	4
1) Brock, Alex	2) Schriemer, Daniel		
3) Dolfen, David	4) Martin, Travis		
20 St. Francis (Ill.) 'D'		3:51.56	4
1) O'Neal, Ronald	2) Burbatt, Tony		
3) Hernandez, Peter	4) Rizzo, Phil		

Event 23 Women Shot Put

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LakerTurfRec: L 17.13m 2011 Adriane Blewitt, Second Sole
 GVSURec: G 15.62m 2011 Sam Lockhart, Grand Valley
 NCAA Pro: P 13.40m
 NCAA Auto: A 14.82m

Name	Year	School	Finals	
1 Buresh, Lauren		Grand Valley	15.10mA	49-06.50
2 Reasoner, Sarah		Calvin	13.92mP	45-08.00
3 Rimington, Chelsea		St. Francis	12.43m	40-09.50
4 Meier, Megan		Adrian	12.42m	40-09.00
5 Silvestro, Jentien		Calvin	11.90m	39-00.50
6 Bigney, Amanda		Hillsdale	11.86m	38-11.00
7 Buchhop, Gwen		Hillsdale	11.75m	38-06.75
8 Sprinkle, Kassandra		Marian (Ind.)	11.19m	36-08.50
9 Schmid, Kimberly		Unattached 1	11.12m	36-05.75
10 Dickerson, Caitlin		Adrian	11.11m	36-05.50
11 Leutheuser, Grace		Hillsdale	11.04m	36-02.75
12 Smith, Amber		Hillsdale	10.99m	36-00.75
13 Bateman, Erin		Marian (Ind.)	9.14m	30-00.00
14 Nesbitt, Nicole		Marian (Ind.)	8.53m	28-00.00
15 Miller, Michelle		St. Francis	8.33m	27-04.00
16 Cantrell, Maria		Adrian	8.27m	27-01.75
17 Brase, Kaylea		Calvin	7.13m	23-04.75
18 George, Mary		St. Francis	6.93m	22-09.00
-- Neby, Shannon		Hillsdale		ND

Event 24 Men Shot Put

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LakerTurfRec: L 18.75m 2010 Kurt Roberts, Ashland
 GVSURec: G 18.59m 2011 Daniel Vanek, Grand Valley
 NCAA Pro: P 15.90m
 NCAA Auto: A 17.93m

Name	Year	School	Finals	
1 Armstrong, Matt		Grand Valley	17.26mP	56-07.50
2 Stiffler, Donny		Grand Valley	16.88mP	55-04.75
3 Stoll, Derek		Adrian	15.33m	50-03.50
4 English, Nate		Hillsdale	14.84m	48-08.25
5 Meckes, Aaron		Calvin	14.76m	48-05.25
6 Banovetz, John		Hillsdale	14.44m	47-04.50
7 Dekam, Nathan		Grand Valley	14.27m	46-10.00

8	Eno, Kyle	Grand Valley	14.25m	46-09.00
9	Alderman, Robert	Marian (Ind.)	14.03m	46-00.50
10	Davis, Eric	St. Francis	13.71m	44-11.75
11	Barry, Josh	St. Francis	13.52m	44-04.25
12	VanKampen, Lee	Unagv	12.57m	41-03.00
13	Maloney, Kevin	Marian (Ind.)	12.54m	41-01.75
14	Diemer, Christopher	Calvin	12.17m	39-11.25
15	Thayer, Zachery	Calvin	11.73m	38-06.00
16	Eilers, Jake	St. Francis	10.65m	34-11.25
17	Harmening, Charles	Marian (Ind.)	10.30m	33-09.50
18	Shinhoster, Jr., Larry	Marian (Ind.)	9.53m	31-03.25
--	Mehr, Jacob	Adrian	ND	
--	Hankins, Derelle	Marian (Ind.)	ND	

Event 25 Women Weight Throw

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LakerTurfRec: L 22.54m 2011 Jeneva McCall, Southern Illinois
 GVSURec: G 20.57m 2011 Liz Murphy, Grand Valley
 NCAA Pro: P 16.10m
 NCAA Auto: A 18.43m

Name	Year	School	Finals	
1 Nass, Catherine		Hillsdale	17.83mP	58-06.00
2 Smith, Jamie		Grand Valley	17.59mP	57-08.50
3 Bigelow, Adrienne		Hillsdale	15.94m	52-03.75
4 Fox, Katelyn		Grand Valley	15.72m	51-07.00
5 Shillito, Casey		Hillsdale	14.32m	46-11.75
6 Thompson, Kirstin		Unagv	14.31m	46-11.50
7 Neby, Shannon		Hillsdale	13.90m	45-07.25
8 Fogle, Andrea		Ferris State	13.49m	44-03.25
9 Oberle, Leigha		Calvin	12.91m	42-04.25
10 Patterson, Angela		Unagv	11.97m	39-03.25
11 Smith, Amber		Hillsdale	11.92m	39-01.25
12 Sprinkle, Kassandra		Marian (Ind.)	11.55m	37-10.75
13 Meier, Megan		Adrian	11.36m	37-03.25
14 Dickerson, Caitlin		Adrian	10.18m	33-04.75
15 Rimington, Chelsea		St. Francis	9.66m	31-08.50
16 Bateman, Erin		Marian (Ind.)	9.47m	31-01.00
17 Nesbitt, Nicole		Marian (Ind.)	8.40m	27-06.75
18 Cantrell, Maria		Adrian	7.96m	26-01.50
19 Miller, Michelle		St. Francis	7.55m	24-09.25
20 George, Mary		St. Francis	6.88m	22-07.00

Event 26 Men Weight Throw

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LakerTurfRec: L 23.90m 2011 Libor Charfreitag, Mizuno
 GVSURec: G 20.05m 2002 Jason VanElst
 NCAA Pro: P 17.50m
 NCAA Auto: A 19.77m

Name	Year	School	Finals	
1 Dailey, Justin		Hillsdale	17.47m	57-03.75
2 Gorley, Andrew		Grand Valley	17.08m	56-00.50
3 Lipski, Clay		Grand Valley	16.43m	53-11.00
4 Dekam, Nathan		Grand Valley	15.99m	52-05.50
5 Banovetz, John		Hillsdale	15.63m	51-03.50
6 Barry, Josh		St. Francis	15.59m	51-01.75

7	Stoll, Derek	Adrian	15.26m	50-00.75
8	VanKampen, Lee	Unagv	15.20m	49-10.50
9	Alderman, Robert	Marian (Ind.	14.94m	49-00.25
10	Dailey, Brett	Hillsdale	14.51m	47-07.25
11	Hankins, Derelle	Marian (Ind.	14.36m	47-01.50
12	Eilers, Jake	St. Francis	13.46m	44-02.00
13	Mehr, Jacob	Adrian	13.06m	42-10.25
14	Maloney, Kevin	Marian (Ind.	12.35m	40-06.25
15	Hendricks, Tim	Marian (Ind.	12.34m	40-06.00
16	Diemer, Christopher	Calvin	10.61m	34-09.75
17	Thayer, Zachery	Calvin	10.60m	34-09.50
18	Harmening, Charles	Marian (Ind.	9.06m	29-08.75

Event 27 Women Long Jump

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LakerTurfRec: L 6.07m 2011 Leah Eber, Purdue
 GVSURec: G 6.03m 2002 Icis Charles
 NCAA Pro: P 5.55m
 NCAA Auto: A 5.93m

Name	Year	School	Finals	
1		Nyberg, Rachel	Hillsdale	5.14m 16-10.50
2		Yancho, Nichole	Hillsdale	5.13m 16-10.00
3		Cansino, Circe	Hillsdale	5.05m 16-07.00
4		Wigboldy, Kimberly	Calvin	4.99m 16-04.50
5		Gabrielse, Jordan	Calvin	4.78m 15-08.25
6		Bosch, Kristen	Hope	4.73m 15-06.25
7		Sager, Vanessa	St. Francis	4.72m 15-06.00
8		White, Catherine	Hope	4.66m 15-03.50
9		Gase, Jaunna	Hillsdale	4.65m 15-03.25
10		Langermann, Kristen	Adrian	4.49m 14-08.75
11		Palmer, Lauren	Marian (Ind.	4.38m 14-04.50
12		Oster, Geneva	Hillsdale	4.35m 14-03.25
13		Leutheuser, Grace	Hillsdale	4.28m 14-00.50
14		Sager, Julie	Adrian	4.19m 13-09.00

Event 28 Men Long Jump

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LakerTurfRec: L 7.54m 2010 Rashad Cannon, Purdue
 GVSURec: G 7.24m 2001 Brandon Womack
 NCAA Pro: P 7.10m
 NCAA Auto: A 7.57m

Name	Year	School	Finals	
1		Mayhue, Steffon	Hope	6.72m 22-00.75
2		Huffman, Ryan	Calvin	6.47m 21-02.75
3		Smith, Nathaniel	Grand Valley	6.21m 20-04.50
4		Kaplan, Jeremy	St. Francis	6.18m 20-03.50
5		Cawarrie, Kwaume	Adrian	6.14m 20-01.75
6		Reives, Steve	Grand Valley	6.13m 20-01.50
7		Patilla, JaQuan	Marian (Ind.	6.10m 20-00.25
8		Selby, Marshawn	Adrian	6.04m 19-09.75
9		Lawson, Jonas	Hope	6.03m 19-09.50
10		Shaw, Michael	Hillsdale	5.86m 19-02.75
11		Kimball, Christopher	Adrian	5.85m 19-02.50
12		Hunt, Warren	Hope	5.84m 19-02.00
13		Kamps, Russell	Calvin	5.82m 19-01.25

14	Martin, Travis	Hope	5.74m	18-10.00
15	Oluwasegun, Oyesile	Calvin	5.50m	18-00.50
16	Chew, Aaron	Hope	5.46m	17-11.00
17	O'Neal, Ronald	St. Francis	4.51m	14-09.75

Event 29 Women Triple Jump

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LakerTurfRec: L 12.60m 2010 Christina Madison, Purdue
 GVSURec: G 11.89m 2002 Icis Charles
 NCAA Pro: P 11.50m
 NCAA Auto: A 12.15m

Name	Year	School	Finals	
1 Sager, Vanessa		St. Francis	10.32m	33-10.25
2 Caywood, Becky		Hillsdale	10.05m	32-11.75
3 Reschke, Kristen		Hope	10.03m	32-11.00
4 Oster, Geneva		Hillsdale	9.96m	32-08.25
5 Banning, Hilary		Calvin	9.95m	32-07.75
6 Sybesma, Laura		Calvin	9.80m	32-02.00
7 Smith, Jessica		Grand Valley	9.72m	31-10.75
8 Bennett, Stephanie		Calvin	9.53m	31-03.25
9 Schwark, Caitlin		Hope	9.36m	30-08.50

Event 30 Men Triple Jump

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LakerTurfRec: L 15.45m 2010 Jonathon Allen, Lake Superior State
 GVSURec: G 14.54m 2003 Kirk Manchip
 NCAA Pro: P 14.40m
 NCAA Auto: A 15.51m

Name	Year	School	Finals	
1 Froelich, Wayland		St. Francis	13.79m	45-03.00
2 Jasperse, Kyle		Calvin	13.43m	44-00.75
3 Reives, Steve		Grand Valley	13.05m	42-09.75
4 Kamps, Russell		Calvin	12.63m	41-05.25
5 Murphy, Elliot		Hillsdale	12.37m	40-07.00
6 Conde, Emile		Marian (Ind.)	12.25m	40-02.25
7 McCubbin, Andrew		Hope	11.82m	38-09.50
8 Dolfen, David		Hope	11.78m	38-07.75
9 Selby, Marshawn		Adrian	11.74m	38-06.25
10 Nunez, Mickael		Hope	11.36m	37-03.25
11 Chew, Aaron		Hope	11.08m	36-04.25
12 Hunt, Warren		Hope	11.01m	36-01.50
13 Lawson, Jonas		Hope	10.71m	35-01.75
14 Cawarrie, Kwaume		Adrian	10.56m	34-07.75

Event 31 Women High Jump

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LakerTurfRec: L 1.82m 2010 Erika Schroll, Central Michigan
 GVSURec: G 1.76m 1993 Kelly O'Brian
 NCAA Pro: P 1.67m
 NCAA Auto: A 1.75m

Name	Year	School	Finals	
1 Van Dyk, Rebekah		Calvin	1.62m	5-03.75
2 Yancho, Adrianna		Hillsdale	1.62m	5-03.75
3 Reschke, Kristen		Hope	1.52m	4-11.75

4	Cieslinski, Catherine	Unagv	J1.52m	4-11.75
5	Bosch, Kristen	Hope	J1.52m	4-11.75
6	Hacker, Lauren	Marian (Ind.	1.47m	4-09.75
7	Reed, Alesha	Ferris State	J1.47m	4-09.75
8	Egenolf, Megan	Marian (Ind.	1.42m	4-07.75
8	Sordelet, Kirsten	Marian (Ind.	1.42m	4-07.75
8	Vandeguchte, Kara	Hope	1.42m	4-07.75
10	Gase, Jaunna	Hillsdale	J1.42m	4-07.75
10	Yancho, Nichole	Hillsdale	J1.42m	4-07.75
10	Coyne, Allison	Hope	J1.42m	4-07.75
--	Baragar, Alyssa	Calvin	NH	
--	Gramer, Becky	Marian (Ind.	NH	

Event 32 Men High Jump

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LakerTurfRec: L 2.25m 2011 Major Clay, Indiana State
 GVSURec: G 2.15m 2000 Jeremy Pearson
 NCAA Pro: P 2.04m
 NCAA Auto: A 2.15m

Name	Year	School	Finals	
1	Miller, Nate	Unagv	2.08mP	6-09.75
2	Holton, James	Unattached	2.05mP	6-08.75
3	Donkersloot, John	Hope	2.00m	6-06.75
4	Chappell, Trent	Unagv	J2.00m	6-06.75
5	Wielfaert, Aaron	Adrian	1.95m	6-04.75
6	Miskel, Keontre	Grand Valley	J1.95m	6-04.75
7	Lest, Ryan	Hillsdale	J1.95m	6-04.75
8	Christians, Matt	Calvin	1.90m	6-02.75
9	Schmitt, Michael	Unattached	1.80m	5-10.75
10	Reives, Steve	Grand Valley	J1.80m	5-10.75
10	Gilbertson, Adam	Adrian	J1.80m	5-10.75
10	Rumpz, Andrew	Ferris State	J1.80m	5-10.75
13	Maxey, Taylor	Marian (Ind.	J1.80m	5-10.75
13	O'Connor, Chris	Marian (Ind.	J1.80m	5-10.75
--	Hunt, Warren	Hope	NH	
--	Slager, Taylor	Calvin	NH	
--	Huffman, Ryan	Calvin	NH	
--	Aures, Colby	Adrian	NH	
--	Henkel, Jesse	Hope	NH	

Event 33 Women Pole Vault

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LakerTurfRec: L 4.25m 1/21/2011 Mary Saxer, Unattached
 GVSURec: G 4.20m 2009 Dianna Noonan
 NCAA Pro: P 3.50m
 NCAA Auto: A 3.96m

Name	Year	School	Finals	
1	Kuksa, Jocelyn	Grand Valley	3.80mP	12-05.50
2	Hixson, Kristen	Grand Valley	J3.80mP	12-05.50
3	Caldwell, Kayla	Hillsdale	3.45m	11-03.75
3	Faulkner, Caley	Grand Valley	3.45m	11-03.75
5	Whaley, Amara	Grand Valley	J3.45m	11-03.75
6	Saffran, Lauren	St. Francis	3.20m	10-06.00
7	Miller, Kendra	Ferris State	2.55m	8-04.25
8	Gammon, Catie	Hope	J2.55m	8-04.25

9	Bowman, Jaci	Marian (Ind.)	J2.55m	8-04.25
9	Stanley, Amelia	Hope	J2.55m	8-04.25
11	Previch, Kristen	Hope	2.40m	7-10.50
--	Reynolds, Amy	Grand Valley	NH	
--	Buechel, Amanda	St. Francis	NH	
--	Haas, Rachel	Hope	NH	

Event 34 Men Pole Vault

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LakerTurfRec: L 5.62m 1/14/2011 Mark Hollis, Unattached
 GVSURec: G 5.33m 2007 Bryant Wilson
 NCAA Pro: P 4.80m
 NCAA Auto: A 5.13m

Name	Year	School	Finals	
1		Leland, Kevin	Grand Valley	4.70m 15-05.00
2		Fisher, Travis	Grand Valley	4.55m 14-11.00
3		Morris, Trent	Adrian	4.05m 13-03.50
4		Cozart, Tyler	Marian (Ind.)	J4.05m 13-03.50
5		Pavlish, Keith	Marian (Ind.)	J4.05m 13-03.50
6		Hecksel, Ryan	Ferris State	3.90m 12-09.50
7		Rosso, Michael	Hope	3.70m 12-01.50
8		Aures, Colby	Adrian	3.55m 11-07.75
--		Ayres, Charles	Marian (Ind.)	NH
--		Ferguson, Steven	Grand Valley	NH
--		Gordeneer, Matt	Unagv	NH
--		Fawley, Justin	Hillsdale	NH
--		Dennis, Quinton	Grand Valley	NH

Event 35 Men Distance Medley

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LakerTurfRec: L 9:55.26 2011 , Saginaw Valley State
 Richards, Body, Filipek, Stone

School	Finals
1 Grand Valley St. 'A'	9:56.65
1) Julson, Larry	2) Teitsma, Chris
3) Phillips, Eric	4) Emmorey, Tyler
2 Calvin 'A'	10:11.68

Event 37 Men 1000 Meter Run

Name	Year	School	Finals	
1		Kellar, Adam	Windsor	2:25.74
2		Tome, Mitch	Windsor	2:25.93
3		Lane, Ben	Windsor	2:26.35
4		Falk, Nick	Windsor	2:27.46
5		LaMarra, Paul	Windsor	2:27.98
6		Hanson, Chris	Marian (Ind.)	2:31.68